ottobock.



C-Leg 3C98-3/3C88-3

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EN	Instructions for	use (q	lualified	personnei)	 1

Quick Reference Guide

This "Quick Reference Guide" does not replace the instructions for use

















7.1.6	
Connection Job Specification Alignment Basic Mode	Patient data Alignment recommendation Calibration
3 Patient data Alignment recommendation Calibration	

7.1.7

Connection 🗸 Job Specification 🗸	Alignment 🗸 Basic Mode		
Stance phase Swing phase Functions	Stance phase Swing phase Functions	Stance phase Swing phase Functions	



Symbols Used



Read the section in the instructions for use



Tightening torque in the direction of rotation and screw geometry



Use a torque wrench



de | Gleichspannung en | Direct-current voltage



Wrong

Right



Cockpit App



Use the adjustment software



A successful connection between the product and the adjustment software is established



Fill in the fields in the adjustment software



Check the values

Table of contents

ΕN

1	Foreword	10
2	Product description	10
2.1	Design	10
2.2	Function	10
2.3	Combination possibilities	11
2.3.1	Limits for combination options with prosthetic feet	12
2.3.2	Combination with an osseointegrated implant system	13
3	Intended use	13
3.1	Indications for use	13
3.2	Conditions of use	13
3.3	Indications	13
3.4	Contraindications	14
3.4.1	Absolute Contraindications	14
3.5	Qualification	14
4	Safety	15
4.1	Explanation of warning symbols	15
4.2	Structure of the safety instructions	15
4.3	General safety instructions	15
4.4	Information on the Power Supply/Battery Charging	17
4.5	Notices regarding the battery charger / charging adapter	17
4.6	Information on Alignment/Adjustment	18
4.7	Information on Proximity to Certain Areas	19
4.8	Information on Use	20
4.9	Notes on the safety modes	22
4.10	Instructions for use with an osseointegrated implant system	22
4.11 E	Seene of Delivery and Accessories	20
5	Scope of delivery	∠ა
5.2	Accessories	23
6	Charging the battery	24
61	Connecting the power supply and battery charger	
6.2	Charging the prosthesis battery	25
6.3	Display of the current charge level	25
6.3.1	Display of battery charge level without additional devices	25
6.3.2	Display of the current charge level using the Cockpit app	25
7	Prenaring the product for use	26
- 7.1	Alignment.	26
7.1.1	Settings with the "C-Soft Plus" adjustment software	26
7.1.1.1	Introduction	26
7.1.1.2	Data transfer between the product and the PC	26
7.1.1.3	Preparing the product to connect to the adjustment software	27
7.1.2	Shortening the Tube Adapter	27
7.1.3	Installing the Tube Adapter	27
7.1.4	Bench alignment in alignment apparatus	27
7.1.5	Installing/removing the knee extender	28
7.1.6	Checking the socket after bench alignment	29
7.1.7	Static alignment optimisation	30
/.1.8	Dynamic alignment optimisation	31
7.1.9 7.0	Flexion stop	31
1.2	Optional: installing the toam cover	32
៥ ន 1	Cockpit app	32
8.2	Juitial connection between cocknit ann and component	32 20
8.2.1	Starting the cockpit app for the first time	33

8.3 8.3.1 8.4 8.4.1 8.4.2 8.4.3	Control elements for cockpit app Cockpit app navigation menu Managing components Adding component Deleting a component Connecting component with multiple mobile devices	.33 .34 .34 .34 .35
o.4.0		.35
9 .1	Ose Movement patterns in basic mode (mode 1)	. 35
9.1.1	Standing	.35
9.1.1.1	Stance function	.35
9.1.2	Walking	.36
9.1.3	Sitting down	.36
9.1.4	Sitting	.36
9.1.4.1	Sitting function	.37
9.1.5	Standing up	.37
9.1.0	Walking up stairs	.38
9.1.8	Walking down a ramp	.38
9.1.9	Walking down flat steps	.38
9.1.10	Kneeling	.38
9.2	Changing prosthesis settings	.39
9.2.1	Changing the prosthesis setting using the cockpit app	.39
9.2.2	Overview of adjustment parameters in basic mode	.39
9.2.3	Overview of adjustment parameters in MyModes	.40
9.3	Switching off the product	.41
9.4 0 / 1	Switching Bluetooth off/on using the cocknit app	.4⊥ ⊿1
9.5	Ouerving the prosthesis status	41
9.5.1	Query status through cockpit app	.41
9.5.2	Status display in the cockpit app	.42
9.6	Deep sleep mode	.42
9.6.1	Turning deep sleep mode on/off using the Cockpit app	.42
10	MyModes	.42
10.1	Switching MyModes with the cockpit app	.42
10.2	Switching MyModes using motion patterns	.43
10.3	Switching from a MyMode back to basic mode	.44
11	Additional operating states (modes)	.44
11.1	Empty battery mode	.44
11.2	Mode for charging the prosthesis	.44
11.3	Safety mode	.44
11.4	Overnealing mode	.44
12	Storage and bleeding	.45
13	Cleaning	.45
14	Maintenance	.45
14.1	Identification of the product by the Service Center	.45
15	Legal information	.46
15.1	Liability	.46
15.2	Trademarks	.46
15.3	CE conformity	.46
15.4	Local Legal Information	.46
16	Technical data	.48
17	Appendices	.50
17.1	Symbols Used	.50
17.2	Operating states/error signals	.51
17.2.1	Signals for operating states	.51
17.2.2	Warnings/error signals	.51

17.2.3	Error messages while establishing a connection with the cockpit app	.53
17.2.4	Status signals	.53
17.3	Directives and manufacturer's declaration	.54
17.3.1	Electromagnetic environment	.54

1 Foreword

INFORMATION

Date of last update: 2022-02-25

- ▶ Please read this document carefully before using the product and observe the safety notices.
- Instruct the user in the safe use of the product.
- ▶ Please contact the manufacturer if you have questions about the product or in case of problems.
- Report each serious incident related to the product to the manufacturer and to the relevant authority in your country. This is particularly important when there is a decline in the health state.
- Please keep this document for your records.

The product "3C98-3*, 3C88-3* C-Leg" is called the product/prosthesis/prosthetic knee joint/component in the following.

These instructions for use provide you with important information on the use, adaptation and handling of the product.

Only put the product into use in accordance with the information contained in the accompanying documents supplied.

2 Product description

2.1 Design

The product consists of the following components:



- 1. Knee head with proximal connection (pyramid or thread)
- 2. LED (blue) as indicator for the Bluetooth connection
- 3. 8° flexion stops (already installed on delivery)
- 4. Battery and cover caps
- 5. Hydraulic unit
- 6. Charging receptacle cover
- 7. Charging receptacle
- 8. Distal tube clamp screws

2.2 Function

This product features microprocessor control of the stance and swing phase.

The microprocessor uses the measurements of an integrated sensor system as a basis to control a hydraulic unit that influences the damping behaviour of the product.

These sensor data are updated and evaluated 100 times per second. As a result, the behaviour of the product is adapted to the current motion situation (gait phase) dynamically and in real time.

Thanks to the microprocessor-controlled stance and swing phase, the product can be individually adapted to the needs of the patient.

In order to do so, the product is configured with the "4X440=* C-Soft-Plus" adjustment software.

The product features MyModes for special motion types (e.g. cross-country skiing, etc.). These are pre-configured using the adjustment software and can be activated with special movement patterns and the Cockpit app (see page 42).

In case of a product malfunction, safety mode makes restricted operation possible. Resistance parameters that are predefined by the product are configured for this purpose (see page 44).

Empty battery mode permits safe walking when the battery is drained. Resistance parameters that are predefined by the product are configured for this purpose (see page 44).

The microprocessor-controlled hydraulic unit offers the following advantages

- Approximation of the physiological gait pattern
- Stability while standing and walking
- Adaptation of product characteristics to various surfaces, inclines, gait situations and walking speeds

Essential performance of the product

• Stability in the stance phase

2.3 Combination possibilities

This product can be combined with the following Ottobock components:

Prosthetic hip joints

- Modular prosthetic hip joint: 7E7
- Monocentric prosthetic hip joint: 7E9

Adapters

- 4R104=60 double adapter, sliding
- 4R104=75 double adapter, sliding
- Rotation adapter: 4R57, 4R57=*
- 4R41 lamination anchor with pyramid receiver
- 4R111 lamination anchor with pyramid receiver
- 4R89 lamination anchor with pyramid adapter

Tube adapter

- 2R57 tube adapter
- 2R67 tube adapter with torsion unit

Cosmetic cover/protector

- Foam cover: 3S26
- 3F1=1 Functional cosmesis C-Leg
- 99B120=* Functional stocking

Prosthetic feet

The maximum allowable patient weight depends on the foot size.

- 1D10 Dynamic foot
- 1D11 Dynamic foot (women)
- 1M10 Adjust
- 1C10 Terion
- 1C11 Terion K2
- 1A30 Greissinger plus
- 1C30 Trias
- 1C30-1 Trias
- 1D35 Dynamic Motion
- 1C40 C-Walk
- 1C50 Taleo
- 1C51 Taleo Vertical Shock
- 1C52 Taleo Harmony
- 1C53 Taleo Low Profile
- 1C58 Taleo Side Flex
- ¹ Note the Ottobock system height

- size.
- 1C60 Triton
 1C61 Triton Vertical Shock

4P863* Shield Insert

- 1C62 Triton Harmony
- 1C63 Triton Low Profile
- 1C64 Triton Heavy Duty
- 1C68 Triton side flex
- 1E56 Axtion
- 1E57 Lo Rider
- 1B1 Meridium
- 1B1-2 Meridium
- 1A1-2 Empower
- F22 Maverick Comfort AT¹
- VS2 Promenade¹
- FS5 Thrive¹
- RS2-00 Runway¹, RS2-K1 Runway HX¹

INFORMATION

Calculating the Ottobock system height for the F22, VS2, FS5, RS2-00, RS2-K1 prosthetic feet

To calculate the Ottobock system height (e.g. for input in the adjustment software), the build height according to the technical data for the listed prosthetic feet has to be reduced by about 18 mm.

Example: The build height of the "F22" prosthetic foot in size 26 is 117 mm.

Therefore, the system height is: 117 mm – 18 mm = 99 mm. This is only a reference value. Therefore, measure and verify the distances on the patient before shortening the tube adapter.

- Helix ^{3D} prosthetic hip joint: 7E10
- 4R116 lamination anchor with pyramid adapter
- 4R43 lamination anchor with threaded connector
- 4R111=N lamination anchor with threaded connector
- 4R40 torsion adapter
- 4R118 adapter plate
- 4X860=* C-Leg Protective Cover (w/o shield) 4P862 C-Leg guard

2.3.1 Limits for combination options with prosthetic feet

Failure to observe the tables provided

Falling due to breakage of load-bearing components of the knee joint.

- Depending on the patient's body weight, the listed prosthetic feet may only be combined in the respective foot sizes [cm] described.
- ▶ Inform the patient that the body weights changes when carrying heavy objects, backpacks or children.
- ▶ Please contact Ottobock customer service if you would like a combination outside the approved ranges.

1C50 Taleo

Body weight	Approved foot size [cm]	Maximum stiffness
Up to 115 kg (253 lbs)	Up to 25	8
	Up to 28	7
	Up to 30	6

1C51 Taleo Vertical Shock, 1C52 Taleo Harmony

Body weight	Approved foot size [cm]	Maximum stiffness	
Up to 115 kg (255 lbs)	Up to 30	7	

1C53 Taleo Low Profile

Body weight	Approved foot size [cm]	Maximum stiffness
Up to 100 kg (221 lbs)	Up to 30	6
101 kg to 115 kg (222 lbs to 253 lbs)	Up to 28	7

1C58 Taleo Side Flex

Body weight	Approved foot size [cm]	Maximum stiffness
Up to 136 kg (299 lbs)	Up to 28	7
	Up to 30	6

1C60 through 1C64 Triton

Body weight	Approved foot size [cm]
Up to 125 kg (up to 275 lbs)	Up to 28
126 kg to 136 kg (277 lbs to 299 lbs)	Up to 26

1C66 Triton

Body weight	Approved foot size [cm]
Up to 100 kg (up to 220 lbs)	Up to 30
101 kg to 125 kg (221 lbs to 275 lbs)	Up to 26

1C68 Triton Side Flex

Body weight	Approved foot size [cm]	
Up to 100 kg (220 lbs)	No restriction	
101 kg to 125 kg (221 lbs to 275 lbs)	Up to 26	

1A1-2 Empower

Body weight	Approved foot size [cm]	Maximum stiffness	
Up to 115 kg (253 lbs)	Up to 30	7	
116 kg to 136 kg (255 lbs to 299 lbs)	Up to 27	8	

1B1, 1B1-2 Meridium

Body weight	Approved foot size [cm]
Up to 100 kg (up to 220 lbs)	Up to 29
101 kg to 136 kg (221 lbs to 299 lbs)	Up to 26

Promenade VS2

Body weight	Body weight Approved foot size [cm]	
Up to 100 kg (220 lbs)	Up to 31	3
101 kg to 115 kg (222 lbs to 253 lbs)	Up to 28	4

Maverik Comfort AT F22

Body weight	Approved foot size [cm]	Maximum stiffness	
Up to 100 kg (220 lbs)	Up to 28	7	

Thrive FS5

Body weight	Approved foot size [cm]	Maximum stiffness
Up to 100 kg (220 lbs)	Up to 26	7

RS2-00 Runway, RS2-K1 Runway HX

Body weight	Approved foot size [cm]	Maximum stiffness	
Up to 75 kg (165 lbs)	Up to 28	5	
76 kg to 100 kg (167 lbs to 220 lbs)	Up to 26	4	

2.3.2 Combination with an osseointegrated implant system

This product can be connected to a socket or to an osseointegrated, percutaneous implant system.

In case of connection to an implant system, verify that the manufacturer of the implant system and the manufacturers of the corresponding exoprosthetic components/adapters also permit this combination. It must be ensured that all indications/contraindications, the field of application, the conditions of use and all safety instructions are complied with for the implant system, corresponding exoprosthetic components, corresponding adapters and for the knee joint.

Among other things, this relates to the body weight, mobility grade, type of activity, load capacity of the implant and bone anchoring, freedom from pain under functional load and compliance with the permissible ambient conditions (see page 48).

Please ensure that the qualified personnel applying the product is not only authorised for fitting this knee joint, but also for the connection to the osseointegrated implant system.

3 Intended use

3.1 Indications for use

The product is to be used **solely** for lower limb exoprosthetic fittings.

3.2 Conditions of use

The product was developed for everyday use and must not be used for unusual activities. These unusual activities include, for example, extreme sports (free climbing, parachuting, paragliding, etc.).

Permissible ambient conditions are described in the technical data (see page 48).

The product is intended **exclusively** for use on **one** patient. Use of the product by another person is not approved by the manufacturer.

Our components perform optimally when paired with appropriate components based upon weight and mobility grades identifiable by our MOBIS classification information and which have appropriate modular connectors.



The product is recommended for mobility grade 2 (restricted outdoor walker), mobility grade 3 (unrestricted outdoor walker) and mobility grade 4 (unrestricted outdoor walker with particularly high demands). Approved for a body weight of **136 kg max.**

3.3 Indications

- For patients with knee disarticulation, transfemoral amputation or hip disarticulation
- For unilateral or bilateral amputation
- Dysmelia patients with residual limb characteristics corresponding to knee disarticulation, transfemoral amputation or hip disarticulation

• The patient must fulfil the physical and mental requirements for perceiving visual/acoustic signals and/or mechanical vibrations.

3.4 Contraindications

3.4.1 Absolute Contraindications

• Body weight over 136 kg

3.5 Qualification

The product may be fitted only by qualified personnel authorised by Ottobock after completing the corresponding training.

If the product is to be connected to an osseointegrated implant system, the qualified personnel must also be authorised for the connection to the osseointegrated implant system.

4 Safety

4.1 Explanation of warning symbols

	Warning regarding possible serious risks of accident or injury.
	Warning regarding possible risks of accident or injury.
NOTICE	Warning regarding possible technical damage.

4.2 Structure of the safety instructions

The heading describes the source and/or the type of hazard

The introduction describes the consequences in case of failure to observe the safety instructions. Consequences are presented as follows if more than one consequence is possible:

- > E.g.: Consequence 1 in the event of failure to observe the hazard
- > E.g.: Consequence 2 in the event of failure to observe the hazard
- ▶ This symbol identifies activities/actions that must be observed/carried out in order to avert the hazard.

4.3 General safety instructions

Non-observance of safety notices

Personal injury/damage to the product due to using the product in certain situations.

• Observe the safety notices and the stated precautions in this accompanying document.

Use of damaged power supply unit, adapter plug or battery charger

Risk of electric shock due to contact with exposed, live components.

- Do not open the power supply unit, adapter plug or battery charger.
- ▶ Do not expose the power supply unit, adapter plug or battery charger to extreme loading conditions.
- Immediately replace damaged power supply units, adapter plugs or battery chargers.

Failure to observe warning/error signals

Falling due to unexpected product behaviour because of changed damping behaviour.

▶ The warnings/error signals (see page 51) and corresponding change in damping settings must be observed.

Independent manipulation of the product and the components

Falling due to breakage of load-bearing components or malfunction of the product.

- Manipulations to the product other than the tasks described in these instructions for use are not permitted.
- ► The battery may only be handled by authorised, gualified Ottobock personnel (no replacement by the user).
- The product and any damaged components may only be opened and repaired by authorised, qualified Ottobock personnel.

Mechanical stress on the product

- > Falling due to unexpected product behaviour as the result of a malfunction.
- > Falling due to breakage of load-bearing components.
- > Skin irritation due to defects on the hydraulic unit with leakage of liquid.
- Do not subject the product to mechanical vibrations or impacts.
- Check the product for visible damage before each use.

Use of the product when battery charge level is too low

Falling due to unexpected behaviour of the prosthesis because of changed damping behaviour.

- Check the current charge level before use and charge the prosthesis if required.
- Note that the operating time of the product may be reduced at low ambient temperatures or due to ageing of the battery.

Risk of pinching in the joint flexion area

Injuries due to pinching of body parts.

Ensure that fingers/body parts or soft tissue of the residual limb are not in this area when bending the joint.

Penetration of dirt and humidity into the product

- > Falling due to unexpected product behaviour as the result of a malfunction.
- > Falling due to breakage of load-bearing components.
- Ensure that no solid particles or foreign objects can penetrate into the product.
- The knee joint is weather-proof but not resistant to corrosion. Therefore, the knee joint should not come into contact with salt water, chlorinated water or other solutions (such as soap or shower gel, and body and/or wound fluids). Do not use the knee joint under extreme conditions like diving or jumping into water. The knee joint is not designed for prolonged underwater use or prolonged submersion.
- After contact with water, remove the Protective Cover (if installed) and hold the prosthesis with the sole of the foot facing up until the water has drained from the knee joint and tube adapter. Dry the knee joint and components with a lint-free cloth and allow the components to fully air dry.
- Should the knee joint or tube adapter come into contact with salt water, chlorinated water or other solutions (such as soap or shower gel, and body and/or wound fluids), promptly remove the Protective Cover (if installed) and clean the knee joint. In order to do so, rinse knee joint, tube adapter and Protective Cover with fresh water and let them dry.
- In case of a malfunction after drying, the knee joint and tube adapter must be inspected by an authorised Ottobock Service Center.
- The knee joint is not resistant to penetration from water jets or steam.

Mechanical stress during transport

- > Falling due to unexpected product behaviour as a result of a malfunction.
- > Falling due to breakage of load-bearing components.
- > Skin irritation due to defects on the hydraulic unit with leakage of liquid.
- Only use the transport packaging for transportation.

Signs of wear and tear on the product components

Falling due to damage or malfunction of the product.

Regular service inspections (maintenance) are mandatory in the interest of patient safety and in order to maintain operating reliability and protect the warranty.

Use of unapproved accessories

- > Falling due to product malfunction as a result of reduced interference resistance.
- > Interference of other electronic devices due to increased emissions.
- Use the product only in combination with the accessories, signal converters and cables listed in the sections "Scope of delivery" (see page 23) and "Accessories" (see page 23).

NOTICE

Improper product care

Damage to the product due to the use of incorrect cleaning agents.

Clean the product with a damp cloth only (fresh water).

4.4 Information on the Power Supply/Battery Charging

Charging the product without taking it off

- > Falling due to walking and getting caught on a connected battery charger.
- > Falling due to unexpected behaviour of the product because of changed damping behaviour.
- ▶ Instruct the patient that the product must be taken off before it is charged.

Charging the product with a damaged power supply / battery charger / charging cable / charging adapter

Falling due to unexpected product behaviour caused by insufficient charging.

- Check the power supply / battery charger / charging cable / charging adapter for damage before use.
- ▶ Replace any damaged power supply / battery charger / charging cable / charging adapter.

NOTICE

Use of incorrect power supply / battery charger / charging adapter

Damage to product due to incorrect voltage, current or polarity.

 Only use power supplies / battery chargers / charging adapters approved for this product by Ottobock (see instructions for use and catalogues).

NOTICE

Mechanical stress on the power supply / battery charger / charging adapter

Lack of proper charging functionality due to malfunction.

- Do not subject the power supply / battery charger / charging adapter to mechanical vibrations or impacts.
- Check the power supply / battery charger / charging adapter for visible damage before each use.

NOTICE

Operation of the power supply / battery charger / charging adapter outside the allowable temperature range

Lack of proper charging functionality due to malfunction.

Only use the power supply / battery charger / charging adapter for charging within the allowable temperature range. For the allowable temperature range, see the section "Technical data" (see page 48).

4.5 Notices regarding the battery charger / charging adapter

NOTICE

Penetration of dirt and humidity into the product

Lack of proper charging functionality due to malfunction.

Ensure that neither solid particles nor liquids can penetrate into the product.

NOTICE

Independent changes or modifications to the battery charger / charging adapter

Lack of proper charging functionality due to malfunction.

► Have any changes or modifications carried out only by authorised, qualified Ottobock personnel.

4.6 Information on Alignment/Adjustment

Use of unsuitable prosthetic components

Falling due to unexpected behaviour of the product or breakage of load-bearing components.

- Use the product only in combination with components listed in the section "Combination possibilities" (see page 11).
- ▶ If the product is to be used in water, verify that each prosthetic component is waterproof.

Improper assembly of the screw connections

- Falling due to breakage or loosening of the screw connections.
- Clean the threads before every installation.
- ► Apply the specified tightening torque values for installation (see the section "Technical data").
- Observe the instructions for securing the screw connections and the use of the correct length.

Incorrectly secured screws

Falling due to breakage of load-bearing components caused by screw connections coming loose.

- After completing all settings, the set screws in the tube adapter must be secured before they are tightened to the specified torque (see the section "Technical data" see page 48).
- ▶ The tube clamp screws must not be secured but only tightened to the specified torque.

Incorrect alignment or assembly

Falling due to damage to the prosthesis components.

• Observe the alignment and assembly instructions.

Errors during prosthesis alignment

- > Falling due to unexpected product behaviour as the result of a malfunction.
- > Falling due to breakage of load-bearing components.
- At maximum flexion, it is essential to maintain a minimum distance of 3 mm (1/8") between the hydraulic unit and the socket.
- At maximum extension (reached under full load), it is essential to maintain a minimum distance of 5 mm (1/4") between the sealing sleeve/top edge of the installed Protective Cover and the socket.
- If there is contact between the socket and the joint (hydraulic unit, frame) at maximum flexion, then the joint must be fitted with a flexion stop (e.g. in the case of voluminous residual limbs). If contact between the socket and joint (hydraulic unit, frame) occurs anyway at maximum flexion, the socket has to lie flat on the frame (with the help of soft padding on the socket).

Insufficient insertion depth of the tube adapter

Falling due to breakage of load-bearing components.

- ▶ Insert the tube adapter at least 40mm to ensure operational safety.
- The patient must be seated for length adjustments.

Operator errors when adjusting settings using the adjustment software

Falling due to unexpected prosthesis behaviour.

- Do not charge the prosthesis battery during the adjustment process since the prosthesis is not functional while the battery is being charged.
- During the adjustment process, the prosthesis must not remain unattended when connected to the adjustment software while being worn by the patient.
- Observe the maximum range of the Bluetooth connection and note that obstacles may limit this range.
- During the data transfer (PC to prosthesis), the prosthesis wearer should sit or stand still, and the BionicLink PC must not be removed from the computer.
- If you want to make only temporary changes to the settings while connected to the adjustment software, you
 must reverse these changes before disconnecting the adjustment software.
 You must also ensure the patient does not leave the range of the Bluetooth connection if settings have been
 changed temporarily.
- Inform the patient immediately if the data connection is accidentally interrupted during the adjustment process.
- ▶ The connection to the prosthesis must always be disconnected after adjustments have been completed.
- Successful participation in an Ottobock product training course is mandatory prior to initial use. Additional product training courses may be required to qualify for software updates.
- The correct input of the foot size, prosthesis dimensions, body weight and calibration are important criteria for achieving a quality fitting. If the values are too high, the prosthesis may not switch to the swing phase. If the values are too low, the prosthesis may trigger the swing phase at the wrong time.
- If the patient uses walking aids (e.g., crutches or walking canes) during the adjustment process, you will need to readjust the settings when the patient no longer requires these aids.
- Use the online help function integrated into the software.
- Do not disclose your personal access data.

Safety mode flexion resistance set too low

Falling due to unexpected product behaviour as the result of switching into safety mode.

Safety mode flexion resistance should be configured so that it is possible to stand safely without the knee joint buckling.

Using the product without calibration

Falling due to unexpected product behaviour as the result of the swing phase being initiated too early/too late.

Use the adjustment software to carry out calibration at the beginning of static alignment optimisation and at the end of dynamic alignment optimisation.

4.7 Information on Proximity to Certain Areas

A CAUTION

Insufficient distance to HF communication devices (e.g. mobile phones, Bluetooth devices, WiFi devices)

Falling due to unexpected behaviour of the product caused by interference with internal data communication.

▶ Therefore, keeping a minimum distance of 30 cm to HF communication devices is recommended.

Operating the product in very close proximity to other electronic devices

Falling due to unexpected behaviour of the product caused by interference with internal data communication.

- ▶ Do not operate the product in the immediate vicinity of other electronic devices.
- ▶ Do not stack the product with other electronic devices during operation.
- ▶ If simultaneous operation cannot be avoided, monitor the product and verify proper use in the existing setup.

Proximity to sources of strong magnetic or electrical interference (e.g. theft prevention systems, metal detectors)

Falling due to unexpected behaviour of the product caused by interference with internal data communication.

Ensure that the patient is not in the vicinity of sources of strong magnetic and electrical interference during trial fitting (such as theft prevention systems, metal detectors...).

If this cannot be avoided, ensure at least that the patient has a safeguard when walking or standing (e.g. a handrail or the support of another person).

In general, monitor the product for unexpected changes in the damping behaviour when electronic or magnetic devices are in the immediate vicinity.

Entering a room or area with strong magnetic fields (e.g. magnetic resonance tomographs, MRT (MRI) equipment...)

- > Falling due to unexpected restriction of the product's range of motion caused by metallic objects adhering to the magnetised components.
- > Irreparable damage to the product due to the effect of strong magnetic fields.
- Make sure that the patient takes off the product before entering the room or area and stores the product outside this room or area.
- Damage to the product caused by exposure to strong magnetic fields cannot be repaired.

Remaining in areas outside the allowable temperature range

Falling due to malfunction or the breakage of load-bearing product components.

Ensure that the patient is not in areas outside the permissible temperature range (see page 48) during trial fitting.

4.8 Information on Use

Walking up stairs

Falling due to foot being placed incorrectly on stair as a result of changed damping behaviour.

- Inform the patient that the handrail always has to be used when walking up stairs, and that most of the sole of the foot has to be set onto the stair surface.
- Particular caution is required when carrying children up the stairs.

Walking down stairs

Falling due to foot being placed incorrectly on stair as a result of changed damping behaviour.

- Inform the patient that the handrail always has to be used when walking down stairs, and that the patient has to roll over the edge of the step with the middle of the shoe.
- The warnings and error signals have to be observed (see page 51).
- Notify the patient that resistance in the flexion and extension direction can change in case of warnings and error signals.
- Particular caution is required when carrying children down the stairs.

Overheating of the hydraulic unit due to uninterrupted, increased activity (e.g. extended walking downhill)

- > Falling due to unexpected behaviour of the product because of switching into overheating mode.
- > Burns due to touching overheated components.
- ▶ Be sure to pay attention when pulsating vibration signals start. They indicate the risk of overheating.
- As soon as these pulsating vibration signals begin, the activity level has to be reduced so the hydraulic unit can cool down.
- Full activity may be resumed after the pulsating vibration signals stop.
- If the activity level is not reduced in spite of the pulsating vibration signals, this could lead to the hydraulic element overheating and, in extreme cases, cause damage to the product. In this case, the product should be inspected by an authorised Ottobock Service Centre.

Overloading due to unusual activities

- > Falling due to unexpected product behaviour as the result of malfunction.
- > Falling due to breakage of load-bearing components.
- > Skin irritation due to defects on the hydraulic unit with leakage of liquid.
- ► The product was developed for everyday use and must not be used for unusual activities. These unusual activities include, for example, extreme sports (free climbing, paragliding, etc.).
- Careful handling of the product and its components not only increases their service life but, above all, ensures the patient's personal safety!
- ▶ If the product and its components have been subjected to extreme loads (e.g. due to a fall, etc.), then the product must be inspected for damage immediately. If necessary, forward the product to an authorised Ottobock Service Centre.

Improper mode switching

Falling due to unexpected behaviour of the product because of changed damping behaviour.

- Ensure that the patient stands securely during all switching processes.
- Inform the patient that the changed damping characteristics have to be verified after switching and feedback from the acoustic signal emitter must be observed.
- Switching back to basic mode is mandatory once the activities in MyMode have been completed.
- If required, take the weight off the product and correct the switching.

Improper use of the stance function

Falling due to unexpected product behaviour because of changed damping behaviour.

- Make sure that the patient is standing safely when using the stance function and checks the lock of the knee joint before placing his/her full weight on the prosthesis.
- Inform the patient whether and in what way the stance function was configured in the adjustment software. Information on the stance function see page 35.

Quickly pushing the hip forward with the prosthesis extended (e.g. serve while playing tennis)

- > Falling due to unexpected activation of the swing phase.
- Note that the knee joint may flex unexpectedly when the hip is pushed forward quickly while the prosthesis is extended.
- If the patient participates in sports where this movement pattern can occur, configure corresponding MyModes using the adjustment software. For further information about the MyModes, see the section 'MyModes' (see page 42).

Overloading due to changes in body weight when carrying heavy objects, backpacks or children

- > Falling due to unexpected behaviour of the product.
- > Falling due to breakage of load-bearing components.
- > Skin irritation due to defects on the hydraulic unit with leakage of liquid.
- Inform the patient that the behaviour of the product can change due to increased weight. It is possible that the swing phase may not be triggered, or triggered at the wrong time.
- Inform the patient that the maximum permissible body weight must not be exceeded due to the additional weight.

4.9 Notes on the safety modes

Using the product in safety mode

Falling due to unexpected product behaviour because of changed damping behaviour.

- ▶ The warnings/error signals (see page 51) have to be observed.
- ▶ Particular caution is necessary when using a bicycle without a freewheel (with a fixed gear).

Safety mode cannot be activated due to malfunction caused by water penetration or mechanical damage

- Falling due to unexpected product behaviour because of changed damping behaviour.
- Using the product when it is defective is prohibited.
- ▶ The product must be inspected by an authorised Ottobock Service Centre.

Safety mode cannot be deactivated

Falling due to unexpected product behaviour because of changed damping behaviour.

- ▶ If safety mode cannot be deactivated by recharging the battery, a permanent error has occurred.
- Using the product when it is defective is prohibited.
- ▶ The product must be inspected by an authorised Ottobock Service Centre.

Safety signal occurs (ongoing vibration)

Falling due to unexpected product behaviour because of changed damping behaviour.

- ► The warnings/error signals (see page 51) have to be observed.
- After the safety signal has been emitted, further use of the product is prohibited.
- ▶ The product must be inspected by an authorised Ottobock Service Centre.

4.10 Instructions for use with an osseointegrated implant system

High mechanical loads due to normal or unusual situations, such as falling

- > Overloading of the bone, which can lead to pain, loosening of the implant, necrosis or fracture among other things.
- > Damage or breakage of the implant system or its components (safety components...).
- Verify compliance with the fields of application, conditions of use and indications according to the information of the manufacturers, both for the knee joint and for the implant system.
- ▶ Note the instructions of the clinical personnel that indicated the use of the osseointegrated implant system.

4.11 Information on the use of a mobile device with the cockpit app

Improper use of the mobile device

Falling due to altered damping behaviour as a result of unexpected switching into a MyMode.

Use the instructions for use (user) to instruct the patient on the proper handling of the mobile device with the Cockpit app.

Independently applied changes or modifications made to the mobile device

Falling due to altered damping behaviour as a result of unexpected switching to a MyMode.

- > Do not make any independent changes to the hardware of the mobile device on which the app is installed.
- Do not make any independent changes to the software/firmware of the mobile device that are not included in the update function of the software/firmware.

Improper mode switching with the mobile device

Falling due to unexpected product behaviour because of changed damping behaviour.

- Ensure that the patient stands securely during all switching processes.
- Inform the patient that the changed damping characteristics have to be verified after switching, and feedback from the acoustic signal emitter and the mobile device display must be observed.
- Switching back to basic mode is mandatory once the activities in the MyMode have been completed.

NOTICE

Failure to observe the system requirements for the installation of the Cockpit app

Mobile device malfunction.

The Cockpit App should only be installed on mobile devices and versions which comply with the specifications in the respective online stores (e.g. Apple App Store, Google Play Store, ...)

5 Scope of Delivery and Accessories

5.1 Scope of delivery

- 1 pc. 3C88-3 C-Leg (with threaded connector) or 3C98-3 C-Leg (with pyramid)
- 1 pc. 757L16-4 power supply
- 1 pc. 4E50 Battery Charger for C-Leg
- 1 pc. 4H95 8° C-Leg flexion stop (already installed on delivery)
- 1 pc. cosmetic case for battery charger and power supply
- 1 pc. 646C107 Bluetooth PIN card
- 1 pc. prosthesis passport
- 1 pc. Instructions for use (qualified personnel)
- 1 pc. Instructions for use (user)
- "4X441-V2=* Cockpit" app for download from the website: https://www.ottobock.com/cockpitapp

5.2 Accessories

The following components are not included in the scope of delivery and may be ordered separately:

- 4H105 knee extender for bench alignment (see page 27)
- 4H106 16° C-Leg flexion stop
- 3S26 cosmetic foam cover
- 3F1=1 Functional cosmesis C-Leg
- 99B120=* Functional stocking
- 4X860=* C-Leg Protective Cover (w/o shield)
- 4P862 C-Leg guard
- 4P863* Shield Insert
- 4X156-1 Charger Extension Cable Ankle

- 4X158-1 charger extension cable ankle, long
- 4X157-1 Charger Extension Cable Knee
- 757L43 USB charging adapter
- "4X440=* C-Soft Plus" adjustment software

6 Charging the battery

The following points must be observed when charging the battery:

- Use the 757L16-4 power supply / 757L43 charging adapter and 4E50* battery charger to charge the battery.
- With uninterrupted walking, the capacity of the fully charged battery is sufficient for at least 16 hours. It lasts about 2 days with average use.
- We recommend charging the product once a day when used by the patient on a daily basis.
- For the maximum operating time with one battery charge, disconnecting the battery charger from the product only immediately before using the product is recommended.
- The battery should be charged until the yellow LED on the battery charger turns off prior to initial use, and for at least 4 hours. This calibrates the charge level indicator via the Cockpit app and by turning over the prosthesis.

If the battery charger is disconnected from the prosthesis too soon, the charge level indicator via the Cockpit app and by turning over the prosthesis may not correspond to the actual charge level.

• The battery may discharge while the product is not being used.

6.1 Connecting the power supply and battery charger



- 1) Slide the country-specific plug adapter onto the power supply until it locks into place (see fig. 1).
- 2) Connect the round, **four-pin** plug of the charging cable to the **OUT** receptacle on the battery charger so that the plug locks into place (see fig. 2).

INFORMATION: Ensure correct polarity (guide lug). Do not use force when connecting the cable plug to the battery charger.

- Connect the round, three-pin plug of the power supply to the 12 V receptacle on the battery charger so that the plug locks into place (see fig. 2).
 INFORMATION: Ensure correct polarity (guide lug). Do not use force when connecting the cable plug
- 4) Plug the power supply unit into the wall socket.

to the battery charger.

- → The green LED on the back of the power supply and the green LED on the battery charger light up (see fig. 3).
- → If the green LED on the power supply and the green LED on the battery charger do not light up, there is an error (see page 51).

6.2 Charging the prosthesis battery



- 1) Open the charging receptacle cover (open up the flap or push the slider up).
- 2) Connect the charging plug to the charging receptacle of the product.
 INFORMATION: Make sure to insert it in the right direction!
 A low insertion force has to be overcome during connection so the charging plug remains reliably connected to the charging receptacle.
 - → A correct connection between the battery charger and the product is indicated by feedback (see page 51).
- 3) The charging process starts.
 - \rightarrow Once the product battery is fully charged, the yellow LED on the battery charger turns off.
- Disconnect the product after the charging process is complete.
 INFORMATION: A low separating force between the charging plug and charging receptacle has to be overcome to disconnect the plug.
 - → A self-test is performed. The product is ready for operation only after corresponding feedback (see page 53).
- 5) Close the charging receptacle cover.

6.3 Display of the current charge level

INFORMATION

The charge level cannot be displayed during the charging process.

6.3.1 Display of battery charge level without additional devices

- 1) Rotate the prosthesis 180° (the sole of the foot must face up).
- 2) Hold still for 2 seconds and wait for beeps.



Beep signal	Vibration signal	Battery charge level	
5x short		more than 80%	
4x short		65% to 80%	
3x short		50% to 65%	
2x short		35% to 50%	
1x short	3x long	20% to 35%	
1x short	5x long	less than 20%	

INFORMATION

A familiar tune sounds instead of the beeps

If this tune sounds, this indicates that the rules for controlling the prosthesis were loaded correctly and the prosthesis is ready for operation.

INFORMATION

If the **Volume** parameter is set to '0' in the Cockpit app, there are no beep signals (see page 39).

6.3.2 Display of the current charge level using the Cockpit app

Once the Cockpit app has been started, the current charge level is displayed in the bottom line of the screen:



1. I 38% – Charge level of battery for currently connected component

7 Preparing the product for use

7.1 Alignment

The following alignment guidelines contain descriptions for connecting the knee joint to a prosthetic socket. In principle, the alignment of the prosthesis is independent of the type of connection for the knee joint. In case of a connection to an osseointegrated, percutaneous implant system, a socket is not used during bench alignment in the alignment apparatus. In this case, the central proximal point on the prosthetic socket corresponds to the trochanter of the thigh bone (see illustration in the section "Bench alignment in the alignment apparatus" see page 27).

Ensure that possible flexion or adduction of the transfemoral residual limb can be compensated to a permissible extent by an adapter approved by the implant manufacturer in the course of static alignment optimisation. Safe functioning of the knee joint is only guaranteed with biomechanically correct alignment.

7.1.1 Settings with the "C-Soft Plus" adjustment software

7.1.1.1 Introduction

The "C-Soft Plus" adjustment software makes it possible to optimise the product settings for a patient. The adjustment software provides step-by-step guidance through the adjustment process. After the settings are configured, the data for them can be saved and printed for documentation. These data can be retrieved if required and imported into the product.

Please consult the integrated online help in the adjustment software for further information.

INFORMATION

The **4X440 C-Soft Plus adjustment software, version 1.10 or higher, is required for correct alignment**. If C-Soft Plus version 1.0 or higher is available, it can be updated.

Using the prosthesis in the delivery state (factory settings)

Falling due to unexpected behaviour of the prosthesis because the knee joint locks in the flexion direction

- After receiving the knee joint, it needs to be adjusted with the C-Soft Plus adjustment software, version 1.10 or higher.
- Using the knee joint on the patient without prior adjustment with the adjustment software is not permitted.

Updating the C-Soft Plus adjustment software

- 1) Make sure you are connected to the internet and go to the "http://ottobock.com/en/datastation/" website.
 - \rightarrow The webpage for the "Data Station" software will open.
- 2) Search for the description of the software that is to be updated under "Application/Patch".
- 3) Search for the applicable version.
- 4) Click "Download" in the column on the right in order to download the update.
- 5) Extract the "ZIP file" and execute it.

INFORMATION

Cybersecurity

- ► Keep your operating system up to date and always install any available security updates.
- ▶ Protect your computer from unauthorised access (e.g., by using virus scans, password protection etc.).
- ► Do not use unsecured networks.
- ▶ Please contact the manufacturer if you suspect cybersecurity problems.

7.1.1.2 Data transfer between the product and the PC

Product settings using the adjustment software can only be made via Bluetooth data transfer. For this purpose, a Bluetooth wireless connection must be established between the product and the PC using the "60X5=* BionicLink PC" Bluetooth adapter. The installation and use of the "60X5=* BionicLink PC" adapter are described in the instructions for use included with the adapter.

7.1.1.3 Preparing the product to connect to the adjustment software

If the product does not emit any signals when querying the charge level (see page 25), the battery is drained or the product is switched off.

Switching on the product

- 1) Connect the power supply with battery charger to the wall socket.
- 2) Connect the battery charger to the product.
- 3) Wait for feedback signals.
- 4) Disconnect the battery charger from the product.
- \rightarrow After feedback signals are emitted (self test), the product is switched on.

Switching on Bluetooth

Upon delivery the Bluetooth function of the prosthesis is switched on.

The Bluetooth function can be switched off using the Cockpit app or the adjustment software. When the Bluetooth function is switched off, it is only turned on temporarily for 2 minutes after connecting/disconnecting the battery charger and is then turned off again automatically. When a connection with the PC is active (the – — – symbol is lit up), the Bluetooth function is not switched off automatically.

7.1.2 Shortening the Tube Adapter

Incorrect processing of tube

Falling due to damage to the tube.

- Do not clamp the tube into a vice.
- ► For shortening the tube, use only a tube cutter.
- 1) Determine the required length of the tube adapter using the configuration assistant in the adjustment software.
- 2) Shorten the tube adapter to the determined value with the 719R3 tube cutter.
- 3) Smooth the cut surface with a deburring knife (e.g. 718S2) and sandpaper.

NOTICE

Inserting the tube adapter without deburring the cut edge

Damage to the tube stop while inserting the tube adapter.

► If shortening the tube adapter resulted in raised material on the outside, a machine must be used to sand the material flat. Carefully deburr the inside.

7.1.3 Installing the Tube Adapter

Improper assembly of the screw connections

Falling due to breakage or loosening of the screw connections.

- Clean the threads before every installation.
- ▶ Apply the specified tightening torque values for installation (see the section "Technical data" see page 48).
- Observe the instructions for securing the screw connections and the use of the correct length.
- Install the prosthetic foot on the tube adapter and tighten the set screws on the tube adapterto 15 Nm. INFORMATION: Replace any set screws that are protruding or recessed too much with compatible ones. For approved set screws, see the section "Technical data" (see page 48).
- 2) Insert the tube adapter about 50 mm into the knee joint (for the exact value, consult the configuration assistant in the adjustment software).

INFORMATION: Corrections in the insertion depth between 40 mm and 55 mm are permissible (slide in 5 mm and pull out 10 mm).

3) Turn the foot outwards slightly and tighten the two distal tube clamp screwsto 7 Nm.

7.1.4 Bench alignment in alignment apparatus

A correct bench alignment (e.g. using the 743A200 PROS.A. Assembly alignment apparatus) ensures that the user can benefit from all the advantages of the product. If the L.A.S.A.R. Assembly alignment apparatus (743L200) is available, it can be used as well. The position of the residual limb must be taken into account when positioning the socket connector. Plumb lines in the frontal and sagittal planes (drawn from the hip joint's centre of rotation and

marked during plaster cast taking and trial fitting of the check socket) will facilitate correct positioning of the lamination anchor or socket adapter.



- Position the middle of the foot (MF) approx. 30 mm/1.18 inch anterior to the alignment reference line (A). This applies to all foot components that are recommended for use with the product, regardless of the previous alignment specifications in the instructions for use of those feet!
- Noting the alignment recommendation of the foot component, add 5 mm to the effective heel height (shoe heel height – sole thickness in the forefoot area) and set the outward rotation of the foot.
- Take into account the knee-ground distance and outward rotation of the knee (the adapter insert provides for a rotation of approx. 5°). Recommended sagittal positioning of the alignment reference point: 20 mm/0.79 inch above the medial tibial plateau.
- Connect the foot and knee joint using a tube adapter. To do so, tilt the joint to the correct position and set the required tube length.
- Mark the lateral centre of the socket with a centred proximal and distal dot. Mark a line through both dots from the socket brim to the end of the socket. Insert the 4H105 knee extender (see page 28).
- Position the socket so the alignment reference line passes through the centred, proximal dot.

Adjust the socket flexion to $3^{\circ}-5^{\circ}$, but take the individual situation (e.g. hip joint contractures) and the ischial tuberosity-to-ground distance into account.

- The adjustment software helps to determine the socket flexion precisely.
- Connect the socket and modular knee joint using an adapter.

7.1.5 Installing/removing the knee extender

Using the prosthesis on the patient with the knee extender installed

Falling due to unexpected prosthesis behaviour.

- ▶ Before trial fitting the prosthesis on the patient, remove the knee extender.
- Do not use the knee joint with the knee extender inserted under any circumstances during dynamic alignment optimisation.

INFORMATION

Support for using of the knee extender via the adjustment software

When the knee joint is connected to the C-Soft Plus adjustment software, version 1.10 or higher, correct extension of the knee joint with the help of the knee extender is shown in real time.









Mounting the knee extender

The knee extender has to be used for bench alignment of the prosthesis. This ensures the recommended sagittal positioning of the prosthetic components – the foot, socket and knee joint – relative to each other and therefore offers the full functionality of the knee joint.

- 1) Check whether both 8° flexion stops are mounted on the knee joint (see page 31).
- 2) Turn the knee extender adjustment screw counter-clockwise, setting the knee extender to the minimum height (see fig. 4).
- 3) Extend the knee joint.
- Set the knee extender onto the hydraulics housing and slide it in to the stop (see fig. 5).
 INFORMATION: Check whether the two positioning lugs on the upper section of the knee extender are behind the flexion stops (see fig. 6).
- 5) Turn the adjustment screw clockwise, extending the knee extender until it touches the flexion stops (see fig. 7).
- 6) Insert an Allen key (size 4) into the adjustment screw and continue turning the adjustment screw clockwise 70 Ncm/10 full turns.
- \rightarrow Now the knee joint is in the correct position for bench alignment.

Removing the knee extender

- 1) Insert an Allen key (size 4) in the adjustment screw and turn it counter-clockwise, setting the knee extender to the minimum height.
- 2) Remove the knee extender.

7.1.6 Checking the socket after bench alignment

After bench alignment, verify that at maximum extension and maximum flexion the distance from the socket to the knee joint is not less than the minimum. A collision of the socket with the hydraulics or frame can cause damage to the knee joint.

INFORMATION

If the fitting with a knee joint of a previous generation such as the 3C100; 3C105; 3C98-1/3C88-1; 3C98-2/3C88-2; 3C95/3C85; 3C96/3C86; 3C98-2/3C88-2 was modified to use this knee joint (3C98-3/3C88-3) without fabricating a new socket, this verification is mandatory. The available space is reduced by approx. 2 mm when the 3C88-3 or 3C98-3 knee joints are used compared to knee joints of previous generations.

Verification at maximum flexion



If the distance between the socket and hydraulics is not sufficient, the hydraulics may be damaged. Check the distance as follows:

- 1) Bring the knee joint with socket to maximum flexion.
- 2) Check the available distance between the hydraulics and socket. It must be at least 3 mm.

INFORMATION: If the distance is less, a flexion stop has to be installed or an existing flexion stop replaced with a larger one. For information on the flexion stop, see the next section.

Verification at maximum extension



If the distance between the socket or system components such as a rotation adapter (4R57) and electronics is not sufficient, the electronics may be damaged. Be sure to follow the system component instructions for use.

Check the distance as follows:

- 1) Bring the knee joint with socket to maximum extension.
- Check the available distance between the electronics/top edge of the installed protective cover and the socket or system components such as a rotation adapter. It must be at least 5 mm.

INFORMATION: If the knee extender is used to verify the distance, note that this is only permissible if the 8° flexion stops are installed.

INFORMATION

If a protective cover is subsequently installed, the available distance between the electronics and socket without the protective cover has to be at least 10 mm. Installing the protective cover reduces this distance by 5 mm.

7.1.7 Static alignment optimisation

The static alignment can be considerably improved with the help of the L.A.S.A.R. Posture (743L100=*) or 3D L.A.S.A.R. Posture (743L500). In order to achieve adequate safety while also making it easy to initiate the swing phase, please proceed with the alignment as described in the following sections.

Note the different distances from the load line to the alignment reference point (= knee axis)

Alignment apparatus	Distance from load line to alignment reference point	
743L100=* L.A.S.A.R Posture	30 mm	
743L500 3D L.A.S.A.R. Posture (3D mode)	20 mm	

743L100 L.A.S.A.R. Posture



To determine the load line, have the patient wear footwear (1B1-2 Meridium prosthetic foot without footwear) while standing on the force measurement plate with the side being treated with the prosthesis and on the height compensation plate with the other leg.

Sufficient weight should be placed on the prosthesis side (> 35 per cent of the body weight). Note the weight display on the L.A.S.A.R. Posture.

Optimise the alignment by changing the plantar flexion. Only make adjustments to the distal and proximal set screws of the socket adapter on the prosthetic foot so that the **load line (laser line) runs approx. 30 mm in front of the alignment reference point** (= knee axis) of the knee joint.

743L500 3D L.A.S.A.R. Posture (3D mode)



To determine the load line, have the patient wear footwear (1B1-2 Meridium prosthetic foot without footwear) while standing on the force measurement plate with both legs.

Sufficient weight should be placed on the prosthesis side (> 35 per cent of the body weight). Note the weight display on the L.A.S.A.R. Posture.

Optimise the alignment by changing the plantar flexion. Only make adjustments to the distal and proximal set screws of the socket adapter on the prosthetic foot so that the **load line runs approx. 20 mm in front of the alignment reference point** (= knee axis) of the knee joint.

7.1.8 Dynamic alignment optimisation

After adjusting the product with the adjustment software, perform dynamic optimisation during trial walking. Often, the following aspects have to be observed and adapted, if necessary:

- Socket flexion position by verifying step length symmetry (sagittal plane)
- Adduction position of the socket and M-L positioning of the socket adapter (frontal plane)
- · Rotation position of the knee joint axis and outward rotation of the prosthetic foot (transversal plane)

At the end of the dynamic alignment optimisation, calibration must be performed using the adjustment software.

7.1.9 Flexion stop

The knee joint comes fitted with a flexion stop upon delivery. This reduces the maximum flexion angle by 8°, thus preventing the socket from coming into contact with the hydraulic unit.

To limit the flexion angle, the knee joint can be equipped with the following flexion stops:

- 4H95 flexion stop (already installed): reduction of the maximum flexion angle by 8°
- 4H106 flexion stop (optional accessory): reduction of the maximum flexion angle by 16°

The flexion stop can be removed to increase the flexion angle. In this case, it must be ensured that the socket and the hydraulic unit do not collide (see page 29).



- 1) Use an appropriate screwdriver to loosen the screws on both flexion stops (left and right of the piston rod).
- 2) Remove both flexion stops from the joint together with the screws. INFORMATION: Do not insert screws without flexion stops!

Inserting the flexion stop

- 1) Insert both flexion stops (to the left and right of the piston rod).
- 2) Secure the screws with 636K13 thread lock.
- 3) Insert the screws.
- 4) Tighten the screws to 1 Nm with the 710D1 torque wrench.

7.2 Optional: Installing the foam cover

If a cosmetic foam cover is installed on the knee joint, the charging receptacle has to be moved with the following charging cable extensions:

- 4X156-1 Charger Extension Cable Ankle
- 4X158-1 charger extension cable ankle, long
- 4X157-1 Charger Extension Cable Knee

Further information on the installation and use of the charging cable extensions is found in the instructions for use included with the charging cable extensions.

8 Cockpit app



The cockpit app enables switching from basic mode into the pre-configured MyModes. In addition, information about the product (step counter, battery charge level, etc.) can be called up.

The behaviour of the product can be changed to a certain extent on a day-to-day basis using the app (e.g. while becoming accustomed to the product). The adjustment software can be used to trace the change at the patient's next appointment.

Information on the Cockpit app

- The Cockpit app can be downloaded free of charge from the respective online store. For more information, please visit the following website: https://www.ottobock.com/cockpitapp. To download the Cockpit app, the QR code on the supplied Bluetooth PIN card can also be read with the mobile device (requirement: QR code reader and camera).
- The language of the user interface in the Cockpit app can be changed using the adjustment software.
- Depending on the version of the Cockpit app being used, the language of the user interface in the Cockpit app corresponds to the language of the mobile device on which the Cockpit app is being used.
- The serial number of the component to be connected has to be registered with Ottobock the first time it is connected. If the registration is not accepted, use of the Cockpit app for this component will be limited.
- Bluetooth on the prosthesis must be turned on in order to use the Cockpit app.
 If Bluetooth is switched off, it can be turned on by turning the prosthesis upside-down (sole of the foot must point up) or by connecting/disconnecting the battery charger. Bluetooth is then turned on for approx. 2 minutes. During this time, the app must be started and used to establish a connection. If required, Bluetooth on the prosthesis can be switched on permanently afterwards (see page 41).
- The illustrations in these instructions for use are only examples and may deviate from the respective mobile device being used and the version.
- Keep the mobile app up to date at all times.
- Please contact the manufacturer if you suspect cybersecurity problems.

8.1 System Requirements

See the information in the Apple App Store or Google Play Store regarding compatibility with mobile devices and versions.

8.2 Initial connection between cockpit app and component

The following points need to be observed before establishing the connection:

- Bluetooth of the component must be switched on (see page 41).
- Bluetooth on the mobile device must be switched on.
- The mobile device must not be in "flight mode" (offline mode), otherwise all wireless connections are turned off.
- The mobile device must be connected to the Internet.
- The serial number and Bluetooth PIN of the component being connected must be known. They are found on the enclosed Bluetooth PIN card. The serial number begins with the letters "SN".

INFORMATION

If the Bluetooth PIN card with the Bluetooth PIN and serial number of the component is lost, the Bluetooth PIN can be determined using the adjustment software.

8.2.1 Starting the cockpit app for the first time

- 1) Tap the symbol of the Cockpit app (🔄).
 - \rightarrow The end user license agreement (EULA) is displayed.
- Accept the end user license agreement (EULA) by tapping the Accept button. If the end user license agreement (EULA) is not accepted, the Cockpit app cannot be used.
 - \rightarrow The welcome screen appears.
- 3) Hold the prosthesis with the sole of the foot facing up, or connect and then disconnect the battery charger, in order to activate recognition (visibility) of the Bluetooth connection for 2 minutes.
- 4) Tap the **Add component** button.
 - \rightarrow The Connection Wizard opens and guides you through the process of establishing a connection.
- 5) Follow the subsequent instructions on the screen.
- 6) After the Bluetooth PIN is entered, a connection to the component is established.
 - → While the connection is being established, 3 beep signals sound and the (☉) symbol appears. The (⊷) symbol is displayed when the connection has been established.
- → Once the connection has been established, the data are read from the component. This process may take up to a minute.

Then the main menu appears with the name of the connected component.

INFORMATION

After the initial connection to the component has been established successfully, the app will connect automatically each time it is started. No further steps are required.

INFORMATION

After activating the "visibility" of the component (holding the component with the sole of the foot facing up, or connecting and then disconnecting the battery charger), the component can be recognised by another device (e.g. smartphone) within 2 minutes. If registration or establishing the connection takes too long, the process of establishing a connection is cancelled. In this case, hold the component with the sole of the foot facing up again, or connect and then disconnect the battery charger.

8.3 Control elements for cockpit app



- 1. \equiv Access the navigation menu (see page 34)
- 2. Product
 - The component name can only be changed with the adjustment software.
- 3. If connections to more than one component have been saved, you can switch between the saved components by tapping the **change** option (see page 34).
- 4. MyModes configured with the adjustment software.

Switch the mode by tapping the corresponding icon, and confirm by tapping "**OK**".

If deep sleep mode was enabled in the Cockpit app, this is displayed here as well. For further information, see the section "Deep sleep mode" (see page 42).

- 5. Currently selected mode
- 6. Charge level of the component.

Component battery fully charged

- Component battery empty
- Component battery charging

The current charge level is also displayed in %.

- 7. Display of and designation for the currently selected mode (e.g. 1. Basic Mode)
- 8. (••) Connection to component has been established
 (©) Connection to component has been interrupted. The app is attempting to re-establish the connection automatically.
 (v) No existing connection to the component.

8.3.1 Cockpit app navigation menu



Tap the \equiv symbol in the menus to display the navigation menu. Additional settings for the connected component can be configured in this menu.

Product

Name of the connected component

MyModes

Return to the main menu to switch MyModes

Functions

Call up additional functions of the component (e.g. turn off Bluetooth) (see page 41)

Settings

Change settings of the currently selected mode (see page 39)

Status

Query status of the connected component (see page 41)

Manage components

Add or delete components (see page 34)

Imprint/Info

Display information/legal notices for the cockpit app

8.4 Managing components

Connections with up to four different components can be stored in the app. However, a component can only be connected to one mobile device at a time.

INFORMATION

Before establishing the connection, observe the points in the section "Initial connection between Cockpit app and component" (see page 32).

8.4.1 Adding component

- 1) Tap the \equiv symbol in the main menu.
 - \rightarrow The navigation menu opens.
- 2) In the navigation menu, tap the "Manage components" item.
- 3) Hold the prosthesis with the sole of the foot facing up, or connect and then disconnect the battery charger, in order to activate recognition (visibility) of the Bluetooth connection for 2 minutes.

4) Tap the "+" button.

- \rightarrow The Connection Wizard opens and guides you through the process of establishing a connection.
- 5) Follow the subsequent instructions on the screen.
- 6) After the Bluetooth PIN is entered, a connection to the component is established.
 - \rightarrow While the connection is being established, three beep signals sound and the (\odot) symbol appears. The (\cdots) symbol is displayed when the connection has been established.
 - → Once the connection has been established, the data are read from the component. This process may take up to a minute.

The main menu will then appear with the name of the connected component.

INFORMATION

If establishing a connection to a component is not possible, perform the following steps:

- Delete the component from the Cockpit app if applicable (see the section "Deleting a component")
- Add the component again in the Cockpit app (see the section "Adding a component")

INFORMATION

After activating the "visibility" of the component (holding the component with the sole of the foot facing up, or connecting and then disconnecting the battery charger), the component can be recognised by another device (e.g. smartphone) within 2 minutes. If registration or establishing the connection takes too long, the process of establishing a connection is cancelled. In this case, hold the component with the sole of the foot facing up again, or connect and then disconnect the battery charger.

8.4.2 Deleting a component

- 1) Tap the \equiv symbol in the main menu.
 - \rightarrow The navigation menu opens.
- 2) In the navigation menu, tap the entry "Manage components".
- 3) Tap the "**Edit**" button.
- 4) Tap the in symbol under the component you want to delete.
- \rightarrow The component is deleted.

8.4.3 Connecting component with multiple mobile devices

The connection for a component can be stored on more than one mobile device. However, only one mobile device can be connected to the component at one time.

If there is an existing connection between the component and a different mobile device, the following information appears while the connection is being established with the current mobile device:

Connect to this component?	
Component was connected to another device. Establish connection?	
Cancel	ОК

- ► Tap the "**OK**" button.
- $\rightarrow\,$ The connection to the last connected mobile device is broken off and established with the current mobile device.

9 Use

9.1 Movement patterns in basic mode (mode 1)

INFORMATION

Knee joint movement noise

When using exoprosthetic knee joints, servomotor, hydraulic, pneumatic or brake load dependent control functions can cause movement noise. This kind of noise is normal and unavoidable. It generally does not indicate any problems. If movement noise increases noticeably during the lifecycle of the knee joint, the knee joint should be inspected by an authorised Ottobock Service Centre immediately.

9.1.1 Standing



Knee control through high hydraulic resistance and correct static alignment. A stance function can be enabled using the adjustment software. Please see the following section for further information on the stance function.

9.1.1.1 Stance function

INFORMATION

To use this function, it needs to be enabled in the adjustment software. It also has to be activated using the Cockpit app (see page 39). The stance function is a functional supplement to the basic mode. This function makes it easier for the patient to stand on an inclined surface for a longer time. The joint is fixed in the flexion direction at a flexion angle between 5° and 65°.

This function must be enabled in the adjustment software. Once the function is enabled, you can also choose between an intuitive and a conscious lock.

Intuitive locking of the joint

The intuitive stance function recognises any situation that puts strain on the prosthesis in the flexion direction but where flexion is not permitted. Examples of this include standing on uneven or sloping surfaces. The knee joint is always locked in the flexion direction when the prosthetic leg is not fully extended and is kept still for a brief moment. Upon forward or backward rollover or extension, the level of resistance is immediately reduced to stance phase resistance again.

The knee joint is not locked when the above conditions are met and a sitting position is assumed (for example while driving).

Deliberate locking of the joint

- 1) Assume the desired knee angle.
- 2) Do not change the knee angle for a brief period.
- \rightarrow The blocked joint can now be loaded in the flexion direction.

Deliberate unlocking of the joint

The deliberate stance function is automatically deactivated again by extending the knee or by repositioning the leg (e.g. taking a step).

9.1.2 Walking



Initial attempts at walking with the prosthesis always require the instruction of trained, qualified personnel.

The hydraulics stabilise the knee joint in the stance phase and release the knee joint in the swing phase so that the leg can swing forward freely.

Switching to the swing phase requires that the prosthesis roll over to the front out of the stride position.

9.1.3 Sitting down



The resistance in the prosthetic knee joint while sitting down ensures even bending into the sitting position.

The adjustment software can be used to configure whether the sitting process is to be supported or not.

- 1) Place both feet side by side at the same level.
- 2) While sitting down, weight should be distributed evenly between both legs and the arm supports used where applicable.

3) Move the buttocks in the direction of the back support and lean the upper body forward.

INFORMATION: Resistance while sitting down can be changed with the Cockpit app via the parameter "Resistance" (see page 39).

9.1.4 Sitting

INFORMATION

While sitting, the knee joint also switches to energy saving mode. This energy saving mode is activated regardless of whether the sitting function is activated or not.



If the patient is in a sitting position for more than two seconds (i.e. the thigh is close to horizontal and there is no load on the leg), the knee joint switches the resistance to a minimum in the extension direction.

A sitting function can be enabled using the adjustment software. For more information about the sitting function, see the following section.

9.1.4.1 Sitting function

INFORMATION

To use this function, it needs to be enabled in the adjustment software. It also has to be activated using the Cockpit app (see page 39).

In the sitting position, the resistance in the flexion direction is reduced in addition to the reduction of resistance in the extension direction. This makes it possible to swing the prosthetic leg freely.

9.1.5 Standing up

Flexion resistance is increased steadily while standing up.

- 1) Place the feet at the same level.
 - 2) Lean the upper body forward.
 - 3) Put the hands on armrests, if available.
 - 4) Stand up with support from the hands while keeping weight evenly distributed on feet.

9.1.6 Walking up stairs

Walking up stairs step-over-step is not possible.

- 1) Hold the handrail with one hand.
- 2) Place the foot of the sound leg on the first step.

Bring up the leg with the prosthesis.

9.1.7 Walking down stairs



The joint makes it possible to walk down stairs step-over-step or one at a time.

Walking down stairs step-over-step

Walking down stairs step-over-step must be practised and executed consciously. The knee joint can switch correctly and permit a controlled rollover only by stepping down properly with the sole of the foot. The motion must be carried out in a continuous pattern in order to allow the motion sequence to proceed in a fluid manner.

- 1) Hold the handrail with one hand.
- 2) Position the leg with the prosthesis on the step so that the foot projects halfway over the edge of the step.
 - \rightarrow This is the only way to ensure a secure rollover.
- 3) Roll the foot over the edge of the step.
 - \rightarrow This flexes the prosthesis slowly and evenly under high flexion resistance.
- 4) Place the foot of the other leg onto the next step.

Walking down stairs one step at a time (step by step)

- 1) Hold the handrail with one hand.
- 2) Place the foot of the prosthetic leg on the first step.
- 3) Pull up the other leg.

9.1.8 Walking down a ramp



Under increased flexion resistance, permit controlled flexion of the knee joint which lowers the body's centre of gravity.

The swing phase is not triggered even though the knee joint is flexed.

9.1.9 Walking down flat steps



To walk down ramps, flat steps or curbs, walking step-over-step with knee flexion under load is recommended for the best possible relief of the contralateral side upon the subsequent ground contact. This knee flexion should be initiated immediately upon heel strike, or as long as the prosthetic leg is still in front of the body.

For skilled users the prosthesis offers the option of initiating a swing phase while walking down ramps and crossing flat steps (such as curbs). In order to do so, the body's centre of gravity has to be far enough in front of the supporting leg and the swing phase has to be initiated with the leg extended. If the foot is positioned so that it projects far beyond the edge of the step in this situation, swing phase initiation may be surprising. However, the contralateral leg is ready to hold the weight in this situation.

9.1.10 Kneeling



Under increased flexion resistance, permit controlled flexion of the prosthetic knee joint to gradually reach the kneeling position. A hard impact of the knee joint on the ground should be avoided so the electronics are not damaged.

Using the 4X860=* C-Leg Protective Cover or the 4P862 guard is recommended for kneeling frequently.

9.2 Changing prosthesis settings

Once an active connection to a component has been established, the settings **of the respective active mode** can be changed using the Cockpit app.

INFORMATION

Bluetooth on the prosthesis must be switched on to change the prosthesis settings.

If Bluetooth is switched off, it can be turned on by turning the prosthesis upside-down or by connecting/disconnecting the battery charger. Bluetooth is then turned on for approx. 2 minutes. The connection must be established during this period.

Information for changing the prosthesis settings

- Before changing settings, always check the main menu of the Cockpit app to make sure the correct component has been selected. Otherwise parameters could be changed for the wrong component.
- It is not possible to change prosthesis settings nor to switch to a different mode while the prosthesis battery is being charged. Only the status of the prosthesis can be called up. Instead of the result is symbol, the result is appears in the bottom row of the screen in the cockpit app.
- The O&P professional's setting is in the middle of the scale. After making adjustments, this setting can be restored by tapping the "**Standard**" button in the Cockpit app.
- Prosthesis settings should be optimised using the adjustment software. The Cockpit app is not intended for use by the O&P professional to set up the prosthesis. The patient can use the app to change the behaviour of the prosthesis to a certain extent during everyday use (e.g. while becoming accustomed to the prosthesis). The O&P professional can use the adjustment software to track these changes at the patient's next appointment.
- If the settings of a MyMode are to be modified, one must first switch to this MyMode.

9.2.1 Changing the prosthesis setting using the cockpit app

	🛯 🛜 🗔 🖉 🖪 3:57	1)	Once th
=	ottobock.		≡ icon in → The
Product	change \rightarrow	2)	Tap the \rightarrow A lis
MyModes	2. Golf	3)	Change
Functions			ICONS.
Settings	A		after th the "Sta
Status			
General			
Manage components			
Imprint/Info			
	((-))		

- Once the component is connected and in the desired mode, tap the ≡ icon in the main menu.
 - \rightarrow The navigation menu opens.
- 2) Tap the "**Settings**" menu option.
 - \rightarrow A list appears with the parameters for the currently selected mode.
- Change the setting of the desired parameter by tapping the "<", ">" icons.

INFORMATION: The O&P professional's setting is marked and, after the setting has been changed, can be restored by tapping the "Standard" button.

9.2.2 Overview of adjustment parameters in basic mode

The parameters in basic mode describe the dynamic behaviour of the prosthesis in a normal gait cycle. These parameters act as basic settings for automatically adjusting the damping behaviour to the current motion situation (e.g. ramps, slow walking speed, etc.).

The stance function and/or the sitting function can also be activated/deactivated. Further information on the stance function (see page 35). Further information on the sitting function (see page 36).

The following parameter	ers can be modified:
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Parameter	Adjustment soft-	Setting range,	Meaning
	ware range	арр	
Resistance	120 to 190	+/- 10 of the con- figured value	Flexion resistance while sitting down, in the stance phase, while walking on ramps and stairs.
Stance function ¹		0/Off – deactiva- ted 1/On – activated	Information about this function is provided in the section " Stance function " (see page 35)
Sitting function ¹		0/Off – deactiva- ted 1/On – activated	When the function is activated, the resistance in the flexion direction while sitting is reduced in addition to the reduction of resistance in the extension direction.
Acoustic feedback signal		On/Off	Acoustic feedback for switching between the stance and swing phase.
Volume	0 to 4	0 to 4	Volume of beep signal for confirmation tones (e.g. when checking the charge level, switch- ing MyModes). The "0" setting deactivates the audible feedback signals. However, warning signals are still generated if errors occur.

¹ To use these functions in the Cockpit app, they need to be enabled in the adjustment software.

9.2.3 Overview of adjustment parameters in MyModes

The parameters in the MyModes describe the static behaviour of the prosthesis for a specific motion pattern such as cross-country skiing. Damping behaviour is not automatically controlled and adjusted in MyModes.

Parameter	Adjustment soft- ware range	Setting range, app	Meaning
Basic flex.	0–200	+/- 20 of the con- figured value	Level of flexion resistance when the knee joint begins to flex
Gain	0–100	+/- 10 of the con- figured value	Increase in flexion resistance (starting with the " Basic flex. " parameter) when flexing the knee joint. The knee joint locks at a certain flexion angle, which depends on the settings for the " Basic flex. " and " Gain " parameters.
Basic ext.	0–60	+/- 20 of the con- figured value	Level of extension resistance
Locking angle	0–90	+/- 10 of the con- figured value	Angle up to which the knee joint can be extended. Information: If this parameter is >0, the knee joint is locked in a flexed position in the extension direction. To unlock it, take all weight off the prosthesis and tilt it back for at least 2 seconds. This enables extension of the joint independently of the settings for the " Basic ext." and "Locking angle" parameters. This may be necessary to switch to basic mode using a movement pattern.
Volume	0–4	0–4	Volume of beep signal for confirmation tones (e.g. when checking the charge level, switch- ing MyModes). The "0" setting deactivates the audible feedback signals. However, warning signals are still generated if errors occur.

9.3 Switching off the product

Using the product while switched off

Falling due to unexpected behaviour of the product because of changed damping behaviour.

• Before using the product, switch it on by connecting the power supply and battery charger.

In certain cases, e.g. for storage or transportation, the prosthesis can be purposely switched off. It can only be switched on by connecting to a live outlet, a power supply and a battery charger.

Switching off

The product can be switched off by briefly connecting/disconnecting the battery charger 3 times.

- 1) Connect the battery charger to the product and wait for the beep signal.
- 2) Disconnect the charging plug immediately after the beep signal sounds.
- 3) Immediately after another beep signal sounds, reconnect the charging plug.
- 4) Carry out this process (steps 2 and 3) a total of three times.
- → After the charging plug has been disconnected for the third time, a descending sequence of 5 beeps is emitted and the product is then switched off.

INFORMATION

After waiting too long between connecting/disconnecting (e.g. until a vibration signal is emitted), the process of connecting/disconnecting 3 times has to be repeated.

Switching on

- 1) Connect the power supply with battery charger to the socket.
- 2) Connect the battery charger to the product.
 - → The correct connection of the battery charger to the product is indicated by feedback (see page 51 and see page 53).

9.4 Turning Bluetooth on the prosthesis on/off

INFORMATION

Bluetooth on the prosthesis must be turned on in order to use the Cockpit app.

If Bluetooth is switched off, it can be turned on by turning the prosthesis upside-down (function only available in basic mode) or by connecting/disconnecting the battery charger. Bluetooth is then turned on for approx. 2 minutes. During this time, the app must be started and used to establish a connection. If required, Bluetooth on the prosthesis can be switched on permanently afterwards (see page 41).

9.4.1 Switching Bluetooth off/on using the cockpit app

Switching off Bluetooth

- 1) When the component is connected, tap the \equiv symbol in the main menu.
 - \rightarrow The navigation menu opens.
- 2) In the navigation menu, tap the entry "Functions".
- 3) Tap the entry "Deactivate Bluetooth".
- 4) Follow the on-screen instructions.

Switching on Bluetooth

- 1) Rotate the component or connect/disconnect the battery charger.
 - → Bluetooth is switched on for approx. 2 minutes. During this time, the app must be started in order to establish a connection to the component.
- 2) Follow the on-screen instructions.
- \rightarrow If Bluetooth is switched on, the (1-1) symbol appears on the screen.

9.5 Querying the prosthesis status

9.5.1 Query status through cockpit app

- 1) When the component is connected, tap the \equiv symbol in the main menu.
- 2) In the navigation menu, tap the entry "Status".

9.5.2 Status display in the cockpit app

Menu option	Description	Possible actions
Trip: 1747	Daily step counter	Reset the counter by tapping the " Reset " button.
Step: 1747	Total step counter	For informational purposes only
Batt.: 68	Current prosthesis charge level, as a percentage	For informational purposes only

9.6 Deep sleep mode

INFORMATION

If the **Volume** parameter is set to '0' in the Cockpit app, there are no beep signals (see page 39).

The Cockpit app can be used to place the knee joint into a deep sleep mode, in which power consumption is minimised. The knee joint offers no functionality in this mode. The safety mode resistance values are activated. It can be awakened from deep sleep mode with the Cockpit app or by connecting the battery charger. Deep sleep mode can also be deactivated by activating another MyMode.

9.6.1 Turning deep sleep mode on/off using the Cockpit app

Activating deep sleep mode

Deep sleep mode is displayed like a MyMode and can be activated via the Cockpit app like a MyMode. Follow the steps in the section "Switching MyModes with the Cockpit app" (see page 42) for switching. A short beep signal and a short vibration signal indicate that deep sleep mode has been activated.

Deactivating deep sleep mode

To deactivate deep sleep mode, select and activate basic mode or a MyMode in the Cockpit app. Deep sleep mode ends automatically.

10 MyModes

In addition to basic mode (mode 1), MyModes can be activated and configured with the adjustment software. They can be called up by the patient using the Cockpit app or movement patterns. Switching by using movement patterns has to be activated in the adjustment software.



These modes are intended for specific movement patterns or postures (e.g. inline skating, ...). Default settings for these movement patterns and postures can be called up and individually adapted using the adjustment software. Settings can also be adjusted by the patient using the Cockpit app (see page 40).

10.1 Switching MyModes with the cockpit app

INFORMATION

Bluetooth on the prosthesis must be turned on in order to use the Cockpit app.

If Bluetooth is switched off, it can be turned on by turning the prosthesis upside-down (function only available in basic mode) or by connecting/disconnecting the battery charger. Bluetooth is then turned on for approx. 2 minutes. During this time, the app must be started and used to establish a connection. If required, Bluetooth on the prosthesis can be switched on permanently afterwards (see page 41).

INFORMATION

If the **Volume** parameter is set to '0' in the Cockpit app, there are no beep signals (see page 39).

Once a connection to a prosthesis has been established, the cockpit app can be used to switch between the MyModes.



- 1) Tap the symbol of the MyMode (1) you want in the main menu of the app.
 - \rightarrow A security question for changing the MyMode appears.
- 2) If you want to change the mode, tap the " \mathbf{OK} " button.
- \rightarrow A beep signal sounds to confirm the switch.
- 3) After switching, a symbol (2) is displayed to identify the active mode.
- \rightarrow The current mode is also indicated by the name on the lower edge of the screen (3).

10.2 Switching MyModes using motion patterns

Information on switching

- Switching and the number of motion patterns must be activated in the adjustment software.
- Before the first step, always check whether the selected mode corresponds to the required motion type.
- If the **Volume** parameter is set to "0" in the Cockpit app, there are no beep signals (see page 39).

Switching process



- 1) Position the prosthetic leg back slightly.
- 2) While maintaining constant contact with the floor, bounce on the forefoot a number of times in one second depending on the desired MyMode (MyMode 1 = 3 times, MyMode 2 = 4 times).
- 3) Keep the prosthetic leg still in this position (lunge position) for about 1 second without lifting the leg. Taking the weight off is no longer necessary.
 - \rightarrow A beep and vibration signal will occur to confirm that the movement pattern has been recognised.
 - **INFORMATION:** If this beep and vibration signal is not emitted, the requirements were not met while bouncing.
- 4) Following the beep and vibration signal, move the prosthetic leg next to the contralateral leg, set it down and keep still for about 1 second.
- → A confirmation signal will sound to indicate that the prosthesis has successfully switched to the corresponding MyMode (2 times = MyMode 1, 3 times = MyMode 2).

INFORMATION: If this confirmation signal does not sound, the leg with the prosthesis was not correctly repositioned and kept still. Repeat the process to correctly switch to the required mode.

10.3 Switching from a MyMode back to basic mode

Information on switching

- Regardless of the configuration of additional MyModes in the adjustment software, it is always possible to switch back to basic mode (mode 1) with a motion pattern.
- It is always possible to switch back to basic mode (mode 1) by connecting/disconnecting the battery charger.
- Before the first step, always check whether the selected mode corresponds to the required motion type.
- If the **Volume** parameter is set to "0" in the Cockpit app, there are no beep signals (see page 39).

Switching process



- 1) Position the prosthetic leg back slightly.
- 2) While maintaining constant contact with the floor, bounce on the forefoot at least 3 times but not more than 5 times.
- 3) Keep the prosthetic leg still in this position (lunge position) for about 1 second without lifting the leg. Taking the weight off is no longer necessary.
 - → A beep and vibration signal will occur to confirm that the movement pattern has been recognised.
 INFORMATION: If this beep and vibration signal is not emitted, the requirements were not met while bouncing.
- 4) Move the prosthetic leg in next to the contralateral leg, set it down and keep it still for approx. 1 second.
- → A confirmation signal will sound to indicate that the prosthesis has successfully switched over to basic mode.
 INFORMATION: If this confirmation signal does not sound, the leg with the prosthesis was not correctly repositioned and kept still. Repeat the process to correctly switch to the required mode.

11 Additional operating states (modes)

11.1 Empty battery mode

Beeps and vibration signals are emitted if the available battery charge level is 0% (see page 51). During this time, damping settings are set to their safety mode values. The prosthesis is then switched off. You can switch back to basic mode (mode 1) from empty battery mode by charging the product.

11.2 Mode for charging the prosthesis

The product is non-functional during charging.

The product is set to the safety mode resistance values. These may be low or high depending on the setting in the adjustment software.

11.3 Safety mode

The product automatically switches to safety mode if a critical fault occurs (e.g. failure of a sensor signal). Safety mode remains in effect until the error has been rectified.

Default damping values are activated in safety mode. This makes limited walking possible for the user even though the product is not active.

The switch to safety mode is indicated by beeps and vibration signals immediately prior to switching (see page 51). Safety mode can be disabled by connecting then disconnecting the battery charger. If the product switches into safety mode again, this means a permanent error exists. The product must be inspected by an authorised Ottobock Service Centre.

11.4 Overheating mode

When the hydraulic unit overheats due to uninterrupted, increased activity (e.g. extended walking downhill), the flexion resistance is increased along with the rising temperature in order to counteract the overheating. When the hydraulic unit cools down, the product switches back to the settings that existed prior to overheating mode.

Overheating mode is not activated in the MyModes.

Overheating mode is indicated by a long vibration every 5 seconds.

The following functions are deactivated in overheating mode:

- Sitting function
- Display of the battery charge level without additional equipment
- Switching to a MyMode
- Changes to the prosthesis setting

12 Storage and bleeding

Air may accumulate in the hydraulic unit if the product is stored for longer periods and not in an upright position. This is noticeable through sounds and irregular damping behaviour.

The automatic bleeding mechanism ensures that all functions of the product are again intact after approximately 10 - 20 steps.

Storage

- Before storing the knee joint, the knee head has to be extended. The knee head must not be flexed!
- Avoid extended disuse of the product (use the product regularly).

13 Cleaning

- 1) Clean the product with a damp cloth (fresh water) when needed.
- 2) Dry the product with a lint-free cloth and allow it to air dry fully.

14 Maintenance

Regular maintenance (service inspections) is mandatory in the interest of patient safety and in order to maintain operating reliability and protect the warranty, maintain basic safety and the essential performance characteristics, and ensure safety in regards to EMC.

The following maintenance intervals must be observed depending on the country/region:

Country/region	Maintenance interval
All countries/regions except: USA, CAN, RUS	24 months
USA, CAN, RUS	As needed [*] , No later than every 36 months

*As needed: the maintenance interval depends on the patient's activity level. For patients with a normal to low activity level who take up to 1,800 steps per day, the expected maintenance interval is 3 years. For highly active patients who take more than 1,800 steps per day, the expected maintenance interval is 2 years.

When maintenance is due, this is indicated by feedback after disconnecting the battery charger (see the section "Operating states/error signals", see page 51).

Additional services such as repairs may be provided in the course of maintenance. These additional services may be provided free of charge or can be billable according to an advance cost estimate, depending on the extent and validity of the warranty.

The following components must always be sent in for maintenance and repairs:

The product with installed tube adapter, battery charger, charging adapter (if used as an accessory) and power supply. The packaging material for the loaner unit you previously received must be reused for sending back the components requiring inspection.

Before shipping, the knee head of the prosthetic knee joint has to be extended. The knee head must not be flexed!

14.1 Identification of the product by the Service Center

The product may have been identified by an authorised Ottobock Service Center:

Contraction Contr

Factory setting

The patient-specific product settings have been reset to the state at delivery (factory setting).



User setting

The settings already configured using the adjustment software were not changed.

Using the prosthesis in the delivery state (factory settings)

Falling due to unexpected behaviour of the prosthesis because the knee joint locks in the flexion direction

- After receiving the knee joint, it needs to be adjusted with the C-Soft Plus adjustment software, version 1.10 or higher.
- Using the knee joint on the patient without prior adjustment with the adjustment software is not permitted.

Use of the prosthesis with incorrect setting data

Falling due to unexpected prosthesis behaviour caused by triggering the swing phase at the wrong time.

► The prosthesis settings (parameters) have to be checked using the corresponding adjustment software and changed as needed.

15 Legal information

All legal conditions are subject to the respective national laws of the country of use and may vary accordingly.

15.1 Liability

The manufacturer will only assume liability if the product is used in accordance with the descriptions and instructions provided in this document. The manufacturer will not assume liability for damage caused by disregarding the information in this document, particularly due to improper use or unauthorised modification of the product.

15.2 Trademarks

All product names mentioned in this document are subject without restriction to the respective applicable trademark laws and are the property of the respective owners.

All brands, trade names or company names may be registered trademarks and are the property of the respective owners.

Should trademarks used in this document fail to be explicitly identified as such, this does not justify the conclusion that the denotation in question is free of third-party rights.

Bluetooth is a registered trademark of Bluetooth SIG, Inc.

15.3 CE conformity

Otto Bock Healthcare Products GmbH hereby declares that the product is in compliance with applicable European requirements for medical devices.

The product meets the requirements of the RoHS Directive 2011/65/EU on the restriction of the use of certain hazardous substances in electrical and electronic devices.

This product meets the requirements of the 2014/53/EU directive.

The full text of the regulations and requirements is available at the following Internet address: http://www.ottobock.com/conformity

15.4 Local Legal Information

Legal information that applies **exclusively** to specific countries is written in the official language of the respective country of use in this chapter.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

1) This device may not cause harmful interference, and

2) This device must accept any interference received, including interference that may cause undesired operation.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.

-Increase the separation between the equipment and receiver.

-Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

-Consult the dealer or an experienced radio/ TV technician for help.

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Caution: Exposure to Radio Frequency Radiation.

This device must not be co-located or operating in conjunction with any other antenna or transmitter.

This device contains licence-exempt transmitter(s)/receiver(s) that comply with Innovation, Science and Economic Development Canada's licence-exempt RSS(s)..

Operation is subject to the following two conditions:

(1) This device may not cause interference.

(2) This device must accept any interference, including interference that may cause undesired operation of the device.

L'émetteur/récepteur exempt de licence contenu dans le présent appareil est conforme aux CNR d'Innovation, Sciences et Développement économique Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes:

(1) L'appareil ne doit pas produire de brouillage;

(2) L'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

Caution: Exposure to Radio Frequency Radiation.

The installer of this radio equipment must ensure that the antenna is located or pointed such that it does not emit RF field in excess of Health Canada limits for the general population.

Caution: Federal law (USA) restricts this device to sale by or on the order of a practitioner licensed by law of the State in which he/she practices to use or order the use of the device.

16 Technical data

Environmental conditions	
Transportation in original packaging	-25°C/-13°F to +70°C/+158°F
Transportation without packaging	-25°C/-13°F to +70°C/+158°F
	Max. 93% relative humidity, non-condensing
Storage (≤3 months)	-20°C/-4°F to +40°C/+104°F
	Max. 93% relative humidity, non-condensing
Long-term storage (>3 months)	-20°C/-4°F to +20°C/+68°F
	Max. 93% relative humidity, non-condensing
Operation	-10°C/+14°F to +60°C/+140°F
	Max. 93% relative humidity, non-condensing
Charging the battery	+10°C/+50°F to +45°C/+113°F
Product	
Reference number	3C98-3*/3C88-3*
Mobility grade (MOBIS)	2 to 4
Maximum body weight including additional weight	136 kg/300 lb
Minimum body weight	45 kg/100 lb
, 3	The treatment of patients below this body weight is also
	possible, provided a trial fitting confirms that these
	patients are able to fully utilise the prosthesis.
Proximal system height up to alignment reference point 3C98-3 (pyramid connector)	5 mm
Proximal system height up to alignment reference point,	25.6 mm
3C88-3 (threaded connector)	
Minimum distal system height with 2R57 tube adapter	289 mm
Minimum distal system height with 2R67 tube adapter	329 mm
Maximum distal system height with 2R57 tube adapter	494 mm
Maximum distal system height with 2R67 tube adapter	534 mm
Protection rating	IP67
Water resistance	Weatherproof but not corrosion-resistant
	longed submersion
Range of Bluetooth connection to PC	Max. 10 m/32 ft
Range of Bluetooth connection to mobile device	Max. 10 m/32 ft
Maximum possible flexion angle	130°
Maximum possible flexion angle with preinstalled flexion	100°
stops	
Maximum insertion depth of the tube adapter in the knee	55 mm/2.17 inch
Weight of the prosthesis without Protective Cover	Approx, 1,250 g +25 g/44 09 oz +0 88 oz
Expected lifetime if prescribed maintenance intervals	6 years
are complied with	o years
Test procedure	ISO 10328-P6-136 kg/3 million load cycles
Data communication	
Wireless technology	Bluetooth 5.0 (Bluetooth Low Energy)
Distance range	Approx. 10 m / 32.8 ft
Frequency range	2,402 MHz to 2,480 MHz
Modulation	GFSK
Data rate (over the air)	Up to 2 Mbps
Maximum output power (EIRP):	+4 dBm (~2.5 mW)
Prosthesis batterv	
Battery type	Li-lon

Prosthesis battery	
Charging cycles (charging and discharging cycles)	500
after which at least 80% of the original battery capacity	
remains available	
Charge level after 1 hour charging time	30 %
Charge level after 2 hours charging time	50 %
Charge level after 4 hours charging time	80 %
Charge level after 8 hours charging time	Fully charged
Product behaviour during the charging process	The product is non-functional
Operating time of the prosthesis with new, fully charged	At least 16 hours of uninterrupted walking
battery at room temperature	Approx. 2 days with average use
Power supply unit	
Reference number	757L16-4
Туре	FW8001M/12
Storage and transport in original packaging	-40 °C/-40 °F to +70 °C/+158 °F
	10% to 95% relative humidity, non-condensing
Storage and transport without packaging	-40 °C/-40 °F to +70 °C/+158 °F
	10% to 95% relative humidity, non-condensing
Operation	0 °C/+32 °F to +50 °C/+122 °F
	Max. 95% relative humidity
	Air pressure: 70–106 kPa (up to 3,000 m without pres-
1	sure equalisation)
Input voltage	100 V~ to 240 V~
Mains frequency	50 Hz to 60 Hz
Output voltage	12 V
Battery charger	
Reference number	4E50*
Storage and transport in original packaging	-25 °C/-13 °F to +70 °C/+158 °F
Storage and transport without packaging	-25 °C/-13 °F to +70 °C/+158 °F
	Max. 93% relative humidity, non-condensing
Operation	0 °C/+32 °F to +40 °C/+104 °F
	Max. 93% relative humidity, non-condensing
Input voltage	12 V
Service life	8 years
Cockpit app	
Reference number	4X441-V2=* Cockpit
Version	Version 2.5.0 or higher
Supported operating system	See the information in the respective online store (e.g.
	Apple App Store, Google Play Store, etc.) regarding
	compatibility with mobile devices and versions.
Website for download	https://www.ottobock.com/cockpitapp

Torque values of the screw connections

Using a torque wrench, tighten the corresponding screws alternately in several cycles until the specified tightening torque is reached.

Screw connection	Tightening torque
Tube adapter on prosthetic foot	15 Nm / 133 lbf. ln.
Tube clamp of the knee joint	7 Nm / 62 lbf. In.
Proximal prosthesis components with pyramid receiver	15 Nm / 133 lbf. In.
Proximal prosthesis components with threaded connect-	10 Nm / 89 lbf. In.
or	
Flexion stop	1 Nm / 5 lbf. In.

17 Appendices

17.1 Symbols	Used
	Manufacturer
★	Type BF applied part
F©	Compliance with the requirements according to "FCC Part 15" (USA)
\bigtriangleup	Compliance with the requirements under the "Radiocommunications Act" (AUS)
(())	Non-ionising radiation
IP67	Dustproof, protection against temporary submersion
DUAL	The product's Bluetooth wireless module can establish a connection to mobile devices with the following operating systems: iOS (iPhone, iPad, iPod) and Android
X	In some jurisdictions it is not permissible to dispose of these products with unsorted household waste. Disposal that is not in accordance with the regulations of your country may have a detrimental impact on health and the environment. Please observe the instructions of your national authority pertaining to return and collection.
CE	Declaration of conformity according to the applicable European directives
SN	Serial number (YYYY WW NNN) YYYY – year of manufacture WW – week of manufacture NNN – sequential number
LOT	Lot number (PPPP YYYY WW) PPPP – plant YYYY – year of manufacture WW – week of manufacture
REF	Article number
MD	Medical device
	Caution, hot surface
Ĩ	Please note the instructions for use



Check the product settings using the corresponding adjustment software of the Ottobock Data Station.

17.2 Operating states/error signals

The prosthesis indicates operating states and error messages through beeps and vibration signals.

17.2.1 Signals for operating states

Battery charger connected/disconnected

Beep signal	Vibration signal	Event
1x short	_	Battery charger is connected or battery charger already disconnected prior to start of char- ging mode
_	3x short	Charging mode started (3 sec. after connecting battery charger)
1x short	1x before beep signal	Battery charger disconnected after start of charging mode

Mode switching

INFORMATION

If the **Volume** parameter is set to '0' in the Cockpit app, there are no beep signals (see page 39).

Beep signal	Vibration sig- nal	Additional action performed	Result
1 x short	1 x short	Mode switching using the Cockpit app	Mode switching is performed using the Cockpit app.
1 x short	1 x short	Bouncing on the forefoot followed by holding still for 1 second in the walking position	Bouncing pattern recognised.
1 x short	1 x short	Prosthetic leg moved next to con- tralateral leg, set down and kept still for 1 second	Switching to basic mode (mode 1) car- ried out.
2 x short	2 x short	Prosthetic leg moved next to con- tralateral leg, set down and kept still for 1 second	Switching to MyMode 1 (mode 2) car- ried out.
3 x short	3 x short	Prosthetic leg moved next to con- tralateral leg, set down and kept still for 1 second	Switching to MyMode 2 (mode 3) car- ried out.

17.2.2 Warnings/error signals

Error during use

Beep signal	Vibration signal	Result	Required action
_	1 x long at interval of approx. 5 seconds	Overheated hydraulic unit	Reduce activity.
_	3 x long	Charge level under 25%	Charge battery soon.
_	5 x long	Charge level under 15%	Charge battery immediately; the product will be switched off after the next warning sig- nal.
10 x long	10 x long	Charge level 0% After the beep and vibra- tion signals, the product switches to empty battery mode and then switches off.	Charge the battery.

Beep signal	Vibration signal	Result	Required action
30 x long	1 x long, 1 x short repeated every 3 seconds	Severe error/indication of safety mode activa- tion e.g. one or more sensors are not operational.	Walking possible with restric- tions. Please note the possible change in flexion/extension resistance. Attempt to reset this error by connecting/disconnecting the battery charger. The battery charger must be connected for at least 5 seconds before it is disconnected. If the error persists, use of the product is prohibited. The product must be inspected by an authorised Ottobock Ser- vice Center.
_	Continuous	Total failure Electronic control no longer possible. Safety mode active or undeter- mined valve state. Undetermined product behaviour.	Attempt to reset this error by connecting/disconnecting the battery charger. If the error persists, use of the product is prohibited. The product must be inspected by an authorised Ottobock Ser- vice Center.

Error while charging the product

LED on power sup- ply	LED on battery charger	Error	Resolution
0	S 0 0 🛈	Country-specific plug adapter not fully engaged on power supply	Check whether the country-specific plug adapter is fully engaged on the power supply.
		Non-functional socket	Check socket with another electric device.
		Defective power supply	The battery charger and power supply must be inspected by an authorised Ottobock Service Centre.
•	$\bullet \circ \bullet$	No connection between battery charger and power supply	Check whether the charging cable plug is fully engaged on the battery charger.
		Defective battery charger	The battery charger and power supply must be inspected by an authorised Ottobock Service Centre.
•		Battery is fully charged (or connection with product is interrupted).	Take note of the confirmation signal for differentiation. When the battery charger is connected or disconnected, a self-test is conducted and confirmed by a beep and vibration signal. The battery is fully charged if this signal is heard. If no signal is emitted, the connection to the product is interrupted.
			If the connection to the product is inter- rupted, an authorised Ottobock Service Centre must inspect the product, battery charger and power supply.

Beep signal	Error	Resolution
4 x short at intervals of	Charging the battery outside the allowable	Check whether the specified ambient con-
approx. 20 sec. (continu-	temperature range	ditions for charging the battery are met
ously)		(see page 48).

17.2.3 Error messages while establishing a connection with the cockpit app

Error message	Cause	Correction
Component was connec- ted to another device. Establish connection?	The component was connec- ted to another mobile device	To disconnect the original connection, tap the " OK " button. If the original connection is not to be disconnected, tap the " Cancel " button.
Mode change failed	An attempt was made to switch to a different MyMode while the component was in motion (e.g. while walking)	For safety reasons, switching MyModes is only per- mitted when components are at rest, e.g. while standing or sitting.
()	A current connection to the prosthesis was interrupted	 Check the following points: Distance from the prosthesis to the mobile device Charge level of the prosthesis Bluetooth on the prosthesis switched on? (see page 41) Hold the component with the sole of the foot facing up to make the component "visible" for 2 minutes. Prosthesis switched on? (see page 41) If multiple prostheses were stored, was the correct prosthesis selected?

17.2.4 Status signals

Battery charger is connected

LED on power sup-	LED on battery	Event
ріу	charger	
		Power supply and battery charger operational

Battery charger disconnected

Beep sig- nal	Vibration signal	Result
1 x short	1 x short	Self-test completed successfully. Product is operational.
3 x short	_	Maintenance note Conduct the self-test again by connecting/disconnecting the battery charger. If the beep signal sounds again, product maintenance should be carried out by an autho- rised Ottobock Service Center. The product can be used without restrictions. However, vibration signals may not be generated.
_	_	Conduct the self-test again by connecting/disconnecting the battery charger. If no beep/vibration signal is emitted after connecting/disconnecting the battery charger again, the product must be inspected by an authorised Ottobock Service Center.

Battery charge level

Battery charger	
□ • □	Battery is being charged, battery charge level is less than 50%
🛓 🔆 🛛 🛈	Battery is being charged, battery charge level is over 50%

Batt cha	tery rger	
	0	Battery is fully charged (or connection with product is interrupted). Take note of the confirmation signal for differentiation. When the battery charger is connected or disconnected, a self-test is conducted and confirmed by a beep and vibration signal. The battery is fully charged if this signal is heard. If no signal is emitted, the connection to the product is interrupted.

17.3 Directives and manufacturer's declaration

17.3.1 Electromagnetic environment

This product is designed for operation in the following electromagnetic environments:

- Operation in a professional healthcare facility (e.g. hospital, etc.)
- Operation in areas of home healthcare (e.g. use at home, use outdoors)
- Observe the safety notices in the section "Information on proximity to certain areas" (see page 19).

Electromagnetic emissions

Interference measure- ments	Compliance	Electromagnetic environment directive
HF emissions according to CISPR 11	Group 1/class B	The product uses HF energy exclusively for its internal functioning. Its HF emissions are therefore very low, and interference with neighbouring electronic devices is unlikely.
Harmonics according to IEC 61000-3-2	Not applicable – power below 75 W	-
Voltage fluctuations/flicker according to IEC 61000-3-3	Product meets the require- ments of the standard.	_

Electromagnetic interference immunity

Phenomenon	EMC basic standard or test procedure	Interference immunity test level
Electrostatic discharge	IEC 61000-4-2	± 8 kV contact
		\pm 2 kV, \pm 4 kV, \pm 8 kV, \pm 15 kV air,
High-frequency electro-	IEC 61000-4-3	10 V/m
magnetic fields		80 MHz to 2.7 GHz
		80% AM at 1 kHz
Magnetic fields with rated	IEC 61000-4-8	30 A/m
power frequencies		50 Hz or 60 Hz
Electrical fast transi-	IEC 61000-4-4	± 2 kV
ents/bursts		100 kHz repetition rate
Surges	IEC 61000-4-5	± 0.5 kV, ± 1 kV
Line against line		
Conducted interference	IEC 61000-4-6	3 V
induced by high-frequency		0.15 MHz to 80 MHz
TIEIOS		6 V in ISM and amateur frequency bands between
		0.15 MHz and 80 MHz
		80% AM at 1 kHz
Voltage drops	IEC 61000-4-11	0% U _T ; 1/2 period
		At 0, 45, 90, 135, 180, 225, 270 and 315 degrees
		0% U _T ; 1 period
		and
		70% U _T ; 25/30 periods
		Single phase: at 0 degrees

Phenomenon	EMC basic standard or test procedure	Interference immunity test level
Voltage interruptions	IEC 61000-4-11	0% U _T ; 250/300 periods

Interference resistance against wireless communication devices

Test fre- quency [MHz]	Frequency band [MHz]	Radio service	Modulation	Maximum power [W]	Distance [m]	Interference immunity test level [V/m]
385	380 to 390	TETRA 400	Pulse modula- tion 18 Hz	1.8	0.3	27
450	430 to 470	GMRS 460, FRS 460	FM ± 5 kHz devi- ation 1 kHz sine	1.8	0.3	28
710	704 to 787	LTE band 13,	Pulse modula-	0.2	0.3	9
745		17	tion			
780			217 Hz			
810	800 to 960	GSM 800/900,	Pulse modula- tion 18 Hz	2	0.3	28
870		TETRA 800,				
930		DEN 820, CDMA 850, GSM 800/900, LTE band 5				
1,720	1,700 to 1,990	GSM 1800;	Pulse modula-	2	0.3	28
1,845		CDMA 1900;	tion			
1,970		GSM 1900; DECT; LTE band 1, 3, 4, 25; UMTS	217 Hz			
2,450	2,400 to 2,570	Bluetooth WLAN 802.11- b/g/n, RFID 2450 LTE band 7	Pulse modula- tion 217 Hz	2	0.3	28
5,240	5,100 to 5,800	WLAN 802.11- a/n	Pulse modula- tion	0.2	0.3	9
5,500						
5,785			217 Hz			

The product 3C98-3/3C88-3 is covered by the following patents:

Canada	CA 2 780 511
China:	CN 102 711 672; CN 102 647 963; CN 102 724 936; CN 102 762 171; CN 105 517 511
Finland:	FI 110 159
Germany:	DE 10 2013 013 810
Japan:	JP 5 394 579; JP 5 619 910
Russia:	RU 2 508 078; RU 2 533 967
Taiwan:	R.O.C. Invention Patent No. 1551278; 1551277; 1530278; 1542335; 1563994
USA:	US 6 908 488; US 8 876 912; US 9 278 013; US 9 572 690
European Patent	EP 1237513 in DE, FR, GB EP 2498724 in DE, FR, GB, IT, IS, NL, SE, TR EP 2498725 in DE, FR, GB EP 2498726 in DE, FR, GB, IT, IS, NL, SE, TR EP 2498730 in DE, FR, GB

Patents pending in Australia, Brazil, Canada, EPA, Japan, Russia and USA.



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