# ottobock.

### Indication matrix for the back



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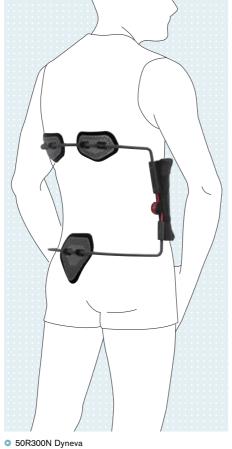
## Improvement through movement

#### 50R300N Dyneva

When patients have back pain caused by spinal stenosis, facet joint syndrome, disc herniation, etc., the back muscles are usually tense, shortened, and asymmetrical on either side of the spine. Modern treatment guidelines stress the importance of exercise for a healthy back.

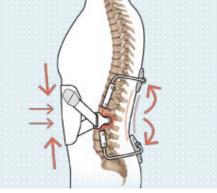
The Dyneva supports this by providing sustained relief for the lower spine. Patients can walk longer distances without pain and activities of daily living, like walking stairs or sit down and raise from a chair, are getting easier. Because pain is reduced, the users' daily routine is improved and their quality of life is enhanced.

#### Benefits at a glance

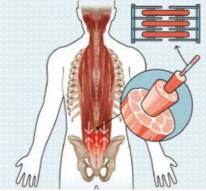


Spinal stenosis Intervertebral disc protrusion

Developed especially for patients with impaired mobility due to lower back pain, e.g. spinal stenosis, facet joint syndrome and disc herniation.



The dynamic spring of the Dyneva brace acts during movement. The straightened muscles take over the load from the vertebrae and reduce pain.



The highly magnified image of the muscle fibres shows the painful, tensed muscle structure.



The Dyneva stretches the cramped muscles during movement and has been proven to normalize the innervation of the back muscles.